



# First Lutheran Caller

NOVEMBER 2011

## PERMANENT MARKER

*Beatrice Ruth, child of God, you have been sealed by the Holy Spirit and marked with the cross of Christ forever.*

I had the privilege of speaking these words last month, as I inscribed the sign of the cross on the forehead of our granddaughter. That precious infant preached a sermon to her grandpa that day.

Grandchildren are one of God's most precious gifts. We love them with all our hearts. They amaze us with all the cute things they do, even if it's only a smile. We can hardly wait for them to grow up and do even more cute things. They fill our hearts with joy.

I have witnessed enough of life, however, to know that precious infants are not exempt from the problems of this world. As they grow up, their lives can be affected by illness or accident. They are part of this broken world. Temptation is all around them. Young people are notorious for making poor decisions. Evil lies close at hand. All human beings are tainted with sin.

That is precisely why these words from the baptismal service are so powerful. Baptized children have been sealed by the Holy Spirit. The Spirit of God is working in their lives. Nothing gets past the Spirit's defenses. No matter what happens to them, the cross of Christ is on them. Forever. They can't get away from it. Wherever they go Christ's redeeming love is with them.

In baptism, God is the one who is really at work. Only God can wash away a person's sins, and usher someone into the family of God. Only God can make a mark on someone's life that will never go away. I think we can trust God to do it right.

This does not diminish the responsibility of parents to raise their children in the faith. Nor of sponsors to take an active role in the faith life of their godchild. Nor of congregations to do everything possible to help all of their baptized children grow in the faith. But it is good to know that even when we neglect our promises, God doesn't.

I am ecstatically grateful that our granddaughter, Beatrice Ruth, is enfolded in God's strong and loving embrace. Forever.

Pastor Tom

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# Advent Party...fun for **ALL AGES!**

Join us Sunday, November 27<sup>th</sup>, as we celebrate the first Sunday in Advent with a party! We will have music, food and crafts for **EVERYONE**. We will make merry in Martin Luther Hall after worship at 11:00 as we anticipate the arrival of our Lord as a baby, Jesus Christ. There is no adult education or Sunday school that day, so come and celebrate together!

## MUSIC AT FIRST

Choose from a wealth of concerts in our sanctuary this month!

**Sunday, Nov. 6, 4:00 pm—Mississippi Valley Orchestra**

The MVO, under new conductor Christina Chen-Beyers, will present “Tragic Love.” Come hear orchestral selections from history’s great operas. A free-will offering will be taken, with a suggested donation of \$10.

**Sunday, Nov. 13, 4:00 pm—Singers in Accord**

In a concert entitled “Conflict and Contentment,” this fine choir will present a wide variety of choral works, including pieces by Mozart, Debussy, Bitten, and James Taylor! Free-will offering.

**Sunday, Nov. 20, 4:00 pm—Northern Lights Chorale**

The Chorale presents a tribute to Classical composers, with choral masterworks and choral arrangements of orchestral favorites, such as the *William Tell Overture*. Free-will offering.

**Saturday, Nov. 19, 8:00 pm—Cathedral Choir, Basilica of St. Mary**

The Cathedral Choir from the Basilica in Minneapolis will present a concert of classic sacred music to raise funds for their 2012 European Tour. Featuring over 90 singers, the choir is known for quality singing and musicianship. Tickets: \$20; available at the door or by calling Patrick at 651-247-4762.

## WORSHIP AND MUSIC

By Peter Carlson, Director of Music



I recently read this great quote by Presbyterian minister and author Eugene Peterson: "A Christian congregation is the least specialized gathering of human beings on the planet. Where else can you find yourself bracketed by nursing infants on one side, nodding octogenarians on the other, and rubbing shoulders with so many people whom you acknowledge, however grudgingly, as brothers and sisters, and with whom you have nothing in common except your common humanity...and God."

I was really struck by the truth of this statement. Our nature is to hang out with people who resemble us. Political parties develop around people with similar ideologies. Clubs may require dues or certain skills and abilities. But walk into any church on a Sunday morning, and you're likely to find as diverse a crowd as you'll ever find in one building.

And the Church asks all those people to call each other sister and brother, simply because they are all part of God's human creation. It's not easy, is it? If everybody here at church thought the same way I did, it certainly would make my job simpler. Choosing music would be a snap if we could all agree on which hymns are the best and which are the worst. But instead, church is messy. Lots of people have lots of opinions, tastes and beliefs...and everyone likes to have things their way. It's kind of amazing that things get done in churches at all!

Yet things do get done. Each Sunday we gather to worship God together. We sing songs we love, and other songs we hate. We agree with what the pastor says, or we don't. We admire the new seasonal decorations, or we lament at how ugly they are. And I still have not seen any fistfights break out in the parking lot over all these differences. Yes, sometimes we get

hurt and sometimes we hurt other peoples' feelings. Like in any family, this is to be expected. But I believe that deep inside us, somewhere beneath the fickle selfishness that we all feel, we know that we are part of something bigger. We feel a unity with the people worshiping around us, we feel a sense of belonging, we feel a call to connect with people even if they are very different than us. This is an amazing thing...especially in the specialized, personalized, segmented society that we live in today.

I hope the next time you're here for worship you'll give some thought to the *unity* amongst all our *diversity*. We never have any problem finding the ways we disagree with someone. What are the ways that we connect? Be open to learning something new about someone else. Be open to learning something new about yourself. This is the dynamic gift of being part of a congregation.



### HANGING OF THE GREENS

Mark your calendars now! On Saturday, Nov. 26, everyone is invited to deck the halls of First Lutheran at our second annual "Hanging of the Greens" party. Many hands make light work as we prepare the sanctuary for Advent and Christmas. We'll meet at 10:00 am for a brief service of blessing, do our decorating, and then have lunch together. Watch the Commons area for a sign-up and more information...

### THANKSGIVING EVE WORSHIP

Wednesday, Nov. 23, 7:00 pm

Don't forget to bring a non-perishable food item to worship on Thanksgiving Eve. You can bring your donations up to the altar and add them to our regular Thanksgiving decorations. The service will feature music by many of the FLC ensembles, and Holy Communion will be served. Then, after the service, we'll gather in Martin Luther Hall for fellowship and delicious pie!

If you can donate to the pie fest, please bring your pie or whipped topping to Martin Luther Hall before the service begins. Thank you for your generosity...have a blessed Thanksgiving!

## YOUNG AT HEART

### Tuesday, November 15 12 noon

Potluck dinner at church; Laurie Johnson from the Minnesota History Center will make a presentation entitled **'Priming the Memory Pump.'** Laurie is a noted artist, educator and storyteller. She works at the Minnesota History Center in St. Paul as well as at her art studio in Minneapolis.

About her program, she writes:

"One of the best places to tell and hear stories is around a crackling campfire. We won't be able to have a campfire, but we will be able to remember and tell stories to each other as if we were around a campfire. We will use objects and art to enhance and engage our senses as we remember meaningful life stories."

Telling stories is an integral part of our lives. Sharing stories can heal, inspire and deepen our relationships.

Come and be surprised!

#### **\$5 for the program.**

A sign-up sheet for the potluck is posted on our bulletin board. If you aren't 'up' to preparing food to share, come anyway. You can throw in an extra \$5, and enjoy the event with us.

## WEIGHT WATCHERS

Weight Watchers meet Sundays at 8:45 am for weigh-in followed by a meeting at 9:15 in Peace.  
Anyone is welcome to join at anytime!

## SUNDAY ADULT EDUCATION

Due to the great response to our Adult Education classes, we have moved to the much larger choir room on second floor. This allows plenty of room for participants to have space for bibles and books, and even coffee. The class meets during the education hour, 11:00 – 12:00. Our schedule for the month of November is as follows:

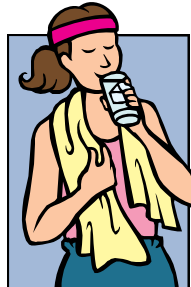
November 6 – Pastor Tom will conclude our Bible study on the Book of Hebrews.

November 13 – After years of discussion, First is finally establishing a fund to help our members attend seminary to prepare for lives of service in the church. Cathy Malotky, from Luther Seminary, will describe the supports needed by seminarians today, and how we as their home congregation can help.

November 20 – Our congregation has spent the last couple of years helping Kinship find mentors for children at Highland Elementary School. Penny Kallas, Anoka County Kinship Director, will update us on how we are doing. We will hear stories of children in our neighborhood who are looking for our support.

November 27 – All Church Advent Party

## EASY EXERCISE



Come move to some light and easy exercise at church Tuesdays at 11:00 AM in Katie Luther Cellar.



## TURKEY BASKETS

It's that time again...



October and November present an opportunity for service. This month we will be collecting items to make turkey baskets for those in need. In order to do this, we are in need of your generosity and your help. Each box will contain the items needed to make a complete Thanksgiving dinner. If you are able and willing, please bring your donations to First Lutheran between now and Sunday, November 6<sup>th</sup>.

### Items needed include:

Canned cranberries, Sweet potatoes, Canned vegetables, Canned fruit,  
 Box mashed potatoes, Gravy mix, Turkey Stuffing mix, Jell-o mix,  
 Canned Pumpkin & Evaporated Milk, Canned Fruit Pie Filling, Coffee, Tea,  
 Mini Marshmallows, Pie Crust (already made or just add water),  
 \$10 gift cards to Cub, and Monetary donations  
 (Checks can be made out to First with "Turkey Baskets" written in the memo.)

Turkey baskets are then assembled by our Confirmation students and delivered to S.A.C.A. who then determines the recipients.

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## F.L.Y. NIGHT!

### (First Lutheran Youth Night!)

**You may think you've already heard all the Bible has to offer...but you're in for a fun surprise!** Believe-It-or-Not Bible Studies highlights 13 wild—but true—Bible stories that pack powerful points.

Now you can experience important Bible lessons while we prove once and for all that the Bible is anything but boring. With attention-grabbing, true Bible stories; outrageous, memorable activities and intense scriptural truths, you will learn the Bible like never before...and love every minute of it!

Expect the unexpected from the most important book you'll ever read and you'll have your interest fueled for a lifetime!

6-12<sup>th</sup> graders - One Friday a month, 6-9pm at First  
 This month: November 18.

Dive deep into your faith, grow closer with each other and God. We'll play games, discuss topics relevant to your life, dig into our Bibles and more! Come join us! Friends are more than welcome!

# WORSHIP ASSISTANTS

## 10:00 AM

### Acolytes:

November 6	Bailey Ratliff	Nasya Marquis
November 13	Levi Green	Simone Woods
November 20	Josh Rolfs	Laura Super
November 23	Jacob Rolfs	Erin Johnson
Thanksgiving Eve		
November 27	Adam Larson	Katie Schweiger

### Communion

#### Servers:

November 6	Malcolm Watson	Dorothy Markowitz
	John Miller	Rita Schultz
November 13	Phil Mattison	Elayne Knutson
	Jon Lueth	Kevin Kaliher
November 20	Pat Johnson	Debbie Larson
	DiAnn Meyer	Pat Pasiewicz
November 27	Julie Rand	Suzie Vescio
	Carol O'Brien	Ruth Dodson

#### Bus Driver:

November 6	Ron Davidson
November 13	Vance Husen
November 20	Charles Pierson III
November 27	Pam Sigurdson

## 10:00 AM

### Ushers:

November 6	Matt Palm	Sid Anderson
	Maggie Proft	Helen Skoglund
	Donna Novak	John Kennedy
	Doug Johnson	
	Pat Johnson	
November 13	Kevin Kaliher	Randy Dodson
	Forrest Anderson	Jay Craft
	Charles Pierson III	Judy Opheim
	Wendy Ramirez	
November 20	Clarence Skaaden	Tony Olson
	Don & Carol Wahlstrom	Gordon Johnson
	Sheldon Knutson	Marge Jeska
	Peter O'Brien	Edward O'Brien
November 23	Pat Pasiewicz	Paul Eddy
Thanksgiving Eve	Vi Makie	Dale & Faith White
	Adlore & Mable Braaten	Wes Watson
November 27	Vern Hoium	Pam Sigurdson
	John & Mary Kay Miller	Catie Miller
	Victor Zarich	Gary Carlson



# ENDOWMENT FUND

## "Dollars Forever"

### PLEASE DON'T MISS THIS GIFTING OPPORTUNITY

In December of 2010, Congress implemented an excellent charitable planning opportunity for an IRA owner. You may take advantage of this brief opportunity:

- if you are age 70 ½ or older
- for gifts up to \$100,000
- if the rollover gift transfers directly from an IRA to a qualified public charity
- if the gift provides no benefit back to the donor
- if the transfer is completed by December 31, 2011

#### What are the Benefits?

- Your donation can count toward a required minimum distribution (RMD).
- The withdrawal will not increase taxable income.
- A withdrawal larger than the RMD may reduce the size of your overall estate, reducing the potential for estate tax exposure.
- You can gift over and above the 50% adjusted gross income (AGI) limit without having to carry deductions forward into subsequent years.
- You get a tax benefit even if you use the standard deduction instead of itemizing deductions.
- You may use the withdrawal to fulfill a pledge and/or provide additional support for any of the congregation's ministries.

#### Here to Help

To take advantage of this opportunity by the December 31 deadline, we recommend you act sooner and no later than December 1. Two letters are needed to complete such a gift - one to your IRA administrator, and a second to the congregation. To receive sample letters or more information, you may contact:

Julie in the church office, 763-788-9653,  
flcjuliejohnson@q.com

or

Brenda J. Moore, ELCA Foundation Gift Planner  
(507) 934-4614      brenda.moore@elca.org

#### FIRST LUTHERAN CHURCH FINANCIAL UPDATE

First Lutheran's major checking and savings accounts and the balances as of September 30, 2011 are listed below. If you have any questions or would like to obtain more specific information, please call Julie 763-788-9653.

September 2011	
<b>General Fund Balance 8/31/2011</b>	\$ 23,028.73
Offerings received	\$ 35,496.64
Other Deposits/Transfers	\$ 47,759.28
Loan from Endowment for Energy Audit Mtc	\$ 39,160.00
	\$ 145,444.65
Transfers to Payroll	\$ (20,819.88)
Other Checks/Transfers	\$ (94,227.92)
<b>General Fund Balance 9/30/2011</b>	<b>\$ 30,396.85</b>
<b>Building Fund at 8/31/2011</b>	\$ 155,286.44
Offerings, interest	\$ 6,291.90
Mortgage Payment	\$ (21,627.90)
<b>Building Fund Balance 9/30/2011</b>	<b>\$ 139,950.44</b>
<b>Perpetual Reserve Balance 9/30/11</b>	<b>\$ 96,090.93</b>
\$10,000 Loan taken in May 2011	
<b>Special Projects Balance 9/30/11</b>	<b>\$ 66,074.05</b>
<b>Memorial Fund 9/30/2011</b>	<b>\$ 20,578.72</b>
<b>**Endowment Fund Principle 9/30/2011**</b>	<b>\$ 678,218.54</b>
Earnings available for Undesignated Use	\$ 14,290.92
**Endowment principal is held in perpetuity and cannot be spent ("Dollars Forever").	
Only the investment earnings on this balance are available for use with the approval of the Endowment Committee.	



Brenda Moore was our guest presenter at Adult Education on Consecration Sunday, October 16. She spoke on Wills, Trusts and Charitable Giving fitting right into the theme of Stewardship. A perfect topic for the day!!

## PASTORS NEEDED

Attending our seminaries is a huge financial burden for seminarians. A committee has been formed at FLC to support our members who are attending approved seminaries to serve as future pastors or church staff members. Support will be two-fold: helping with tuition expenses and sustaining a relationship with the students throughout their seminary years. The Memorial and Endowment Committee will be assisting with collection and disbursement of monies.

Sunday, November 13, Pastor Catherine Malotky, Philanthropic Advisor from Luther Seminary in St. Paul, will be our guest during worship and for the adult class. Pastor Malotky will help us understand how to get started with these efforts.

The Church continues with the need to train committed pastors to lead us in the Word and in our faith. Add this very important venture to your prayer list!

## ANNUAL CHRISTMAS BAZAAR

NOVEMBER 12, 2011

9:00AM - 2:00PM

The annual Christmas Bazaar is just around the corner. Do you enjoy making crafts? All donations are gratefully appreciated for the **Craft Booth**. If crafts aren't your specialty, we also need lots of baked goods for the **Bake Shop**, small Christmas cookies for the **Cookie Express**, gift baskets for the **Basket Bid**, wood crafts for the **Wood Shop**, and gently used jewelry and accessories for the **Jewelry and Accessory** booth.

Do your Christmas shopping that day at any of the booths. You may find the perfect gift at the **Cards and Cutlery** booth, **Mission Workshop**, or buy a set of handmade **Dish Towels**.

The **Lunch Counter** will be serving delicious meals from 11:00-1:30. for a lighter snack, stop by the **Coffee Shop**. Check out the demonstrations of **Lefse** and **Krumkake**.

It's not too late to be thinking about how you can help make our Bazaar a great success. The proceeds go to help our home and foreign missions. We are always in need of workers. If you would like to volunteer, please call one of the Bazaar Chairs:

Cheryl Ballingrud 651-633-0679. Lyn Larson 763-424-2323 or  
Dorothy Markowitz 651-645-9458

## FAMILIES MOVING FORWARD

Thank you to all our members who helped us host four families during the week of September 18-25. It was a huge undertaking, but very successful.

We estimate that 53 of our members volunteered a total of 243 hours in making our week of hosting a success. This does not count those of you who donated bedding and linens. Nor does it count all the volunteers from Mt. Carmel and Gustavus Adolphus Lutheran churches.

Now that we have some experience, we look forward to another hosting week next May. We will keep you informed.





## WOMEN OF THE ELCA ONE DAY RETREAT

Saturday, November 12, 2011 at Faith Lilac Way Lutheran Church, 5530 42nd Ave. in Robbinsdale, MN. This year we will be doing "Welcoming the Stranger", a Women of the ELCA resource. Hope that you are able to come and experience this workshop and enjoy a day of fellowship with other women from the Minneapolis Area Synod. The training will be from 9:00 - 2:00 with lunch provided. A free will offering will be collected. RSVP, or if you have questions, please contact Nancy Giddings at 763-438-0647 or by e-mail at [womenoftheelca.mas@gmail.com](mailto:womenoftheelca.mas@gmail.com).

## WOMEN OF THE ELCA Minneapolis Area Synod 2011 Convention & Gathering Recap

On Saturday, September 17th, over 70 women, joined by a few men, gathered at Nativity Lutheran Church. Greetings from the churchwide Women of the ELCA were given by Betty Brandt. Glenndy Ose presented the morning's Bible study. Several tasks were complete during the business meeting:

- New board officers and members were elected
- Three resolutions were passed
  - o Establishment of a grant program for Minneapolis Area Synod women's ministry groups to be financed by setting aside 1/4 of each gathering's offerings.
  - o Greater cooperation with the St Paul Area Synod Women of the ELCA
  - o A thank you for Nativity Lutheran Church, particularly the congregation's women's ministry group

Our keynote speaker was Vivian Jenkins Nelsen, president and CEO, the INTER-RATE Institute, a diversity think tank located at Augsburg College in Minneapolis.

The day concluded with the installation of new board officers and members followed by a worship service presided over by Pastor Megan Torgerson who also gave the sermon. A Gathering offering of \$1,720 has been collected so far. \$860 will be sent to the Women of the ELCA churchwide and \$430 will be put into the newly established grant fund. Three organizations, the Malaria Initiative, New Hope International, and The Lutheran Church of Christ in Nigeria Women's Fellowship will receive \$144 each. **We will continue to accept offerings through the end of October.**

# November 2011

## Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 AM - 12:30 PM Parade Breaks...</p> <p>8:45 AM Chapel Service with Com...</p> <p>8:45 AM Weight Watchers - Peace</p> <p>10:00 AM Confirmation - Sanctuar...</p> <p>10:00 AM Men's Horsh Prayer Tim...</p> <p>11:00 AM Adult Fellowship - MLH</p> <p>11:00 AM Alpha Classes - Katie Lut...</p> <p>11:15 AM Take 10 - Cha...</p> <p>11:30 AM Men's Horsh Worship - Sa...</p>	<p>9:30 AM Monday Morning Music - Sanctuary</p> <p>12:30 PM Hilltop Circle - MLH</p> <p>6:00 PM Men's Cookout</p> <p>7:00 PM Martha Circle - Peace</p>	<p>9:30 AM Staff Meeting - Faith</p> <p>10:00 AM Writer's Group - Peace</p> <p>11:00 AM Columbia Heights GA - Gab...</p> <p>11:00 AM Easy Exercise - MLH</p> <p>1:30 PM Stephen Ministry - Peace</p> <p>4:30 PM - 6:30 PM Youth Open Gym</p> <p>5:15 PM Memorial &amp; Endowment - Faith</p> <p>6:00 PM The Marriage Course - MLH</p> <p>6:30 PM Men's Club - Hope</p> <p>6:30 PM - 9:30 PM Chorus Polaris Re...</p>	<p>7:30 AM Men's Bible Study Breakfast - Bobby &amp; Steves Auto</p> <p>10:00 AM Fellowship Circle - MLH</p> <p>12:00 PM - 1:30 PM AA Meeting - Elijah</p> <p>6:00 PM Campaigne Rehearsal - Bach</p> <p>6:30 PM Baptism Orientation - Faith</p> <p>7:10 PM Senior Choir Rehearsal - Bach</p> <p>7:15 PM Rachel Circle</p>	<p>8:00 AM - 3:00 PM Bread Making for Bazaar - Kitchen</p> <p>9:00 AM Intercessory Prayer - Chapel</p> <p>9:30 AM Wiggles, Giggles &amp; Tickles - Elijah</p> <p>10:15 AM Wiggles, Giggles &amp; Tickles - Elijah</p> <p>4:30 PM - 6:30 PM Youth Open Gym</p> <p>7:00 PM AA Meeting - Gabriel</p>	<p>6:00 PM Miller/Hanson Wedding Rehearsal - Sanctuary</p> <p>7:00 PM - 8:30 PM Miller/Hanson Rehearsal Dinner - MLH</p> <p>7:30 PM - 10:30 PM Tim Practice Time - Sanctuary</p> <p>9:00 PM Men's Horsh Worship Team - Gabriel</p>	<p>12:00 PM - 4:00 PM Wedding Prep - Sanctuary Commons, MLH, Chapel, Peace &amp; Gabriel</p> <p>4:00 PM Miller/Hanson Wedding - Sanctuary</p> <p>5:00 PM Men's Horsh Prayer Time - Sanctuary</p> <p>7:00 PM Men's Horsh Worship - Gym</p>
<p>8:45 AM Chapel Service</p> <p>8:45 AM Weight Watchers - Peace</p> <p>10:00 AM Confirmation - Sanctuar...</p> <p>10:00 AM Men's Horsh Prayer Time...</p> <p>10:00 AM Worship</p> <p>11:00 AM Alpha Classes - Katie Lut...</p> <p>11:15 AM Take 10 - Chapel</p> <p>11:30 AM Men's Horsh Worship - Sa...</p> <p>11:45 AM Lunch - ...</p>	<p>9:30 AM Monday Morning Music - Sanctuary</p>	<p>9:30 AM Staff Meeting - Faith</p> <p>11:00 AM Columbia Heights GA - Gabr...</p> <p>11:00 AM Easy Exercise - MLH</p> <p>4:30 PM - 6:30 PM Youth Open Gym</p> <p>6:30 PM Bands (Bach, Elijah, Gabri...</p> <p>7:00 PM - 9:30 PM Chorus Polaris Re...</p> <p>7:45 PM Men's Horsh Worship - Sa...</p> <p>7:45 PM Council Meeting - Fa...</p>	<p>7:30 AM Men's Bible Study Breakfast - Bobby &amp; Steves Auto</p> <p>9:00 AM Mission Workshop - Lydia &amp; Gabriel</p> <p>12:00 PM - 1:30 PM AA Meeting - Elijah</p> <p>7:00 PM Worship</p> <p>7:45 PM Senior Choir Rehearsal - Bach</p> <p>8:00 PM Pic Social - MLH</p>	<p>9:00 AM Intercessory Prayer - Chapel</p> <p>9:00 AM - 4:00 PM Organ Tuning - Sanctu...</p> <p>9:30 AM Wiggles, Giggles &amp; Tickles - Elijah</p> <p>10:15 AM Wiggles, Giggles &amp; Tickles - Elijah</p> <p>4:30 PM - 6:30 PM Youth Open Gym</p> <p>6:30 PM - 9:00 PM Norwegian Da...</p> <p>6:30 PM - 9:00 PM Northern Lights C...</p> <p>7:00 PM AA Meeting - Gabr...</p>	<p>6:00 PM - 9:00 PM ELY Night - Youth Room, Youth Chapel &amp; Gym</p> <p>7:30 PM - 10:30 PM Tim Practice Time - Sanctuary</p>	<p>5:00 PM Men's Horsh Prayer Time - Elijah</p> <p>7:00 PM Men's Horsh Worship - Sanctuary</p>
<p>8:45 AM Chapel Service</p> <p>8:45 AM Weight Watchers - Peace</p> <p>10:00 AM Men's Horsh Prayer Time - Gabriel</p> <p>10:00 AM Worship</p> <p>11:00 AM All Church Advent Part...</p> <p>11:30 AM Men's Horsh Worship - Sa...</p> <p>11:45 AM Lunch - MLH</p> <p>12:00 PM Men's Horsh Sunday Schoo...</p>	<p>9:30 AM Monday Morning Music - Sanctuary</p>	<p>9:30 AM Staff Meeting - Faith</p> <p>11:00 AM Columbia Heights GA - Gabriel</p> <p>11:00 AM Easy Exercise - MLH</p> <p>4:30 PM - 6:30 PM Youth Open Gym</p> <p>6:30 PM Bands (Bach, Elijah, Gabri...</p> <p>7:00 PM - 9:30 PM Chorus Polaris Re...</p> <p>7:45 PM Men's Horsh Worship - Sa...</p> <p>7:45 PM Council Meeting - Fa...</p>	<p>7:30 AM Men's Bible Study Breakfast - Bobby &amp; Steves Auto</p> <p>9:00 AM Mission Workshop - Lydia &amp; Gabriel</p> <p>12:00 PM - 1:30 PM AA Meeting - Elijah</p> <p>7:00 PM Worship</p> <p>7:45 PM Senior Choir Rehearsal - Bach</p> <p>8:00 PM Pic Social - MLH</p>	<p>9:00 AM Intercessory Prayer - Chapel</p> <p>9:00 AM - 4:00 PM Organ Tuning - Sanctu...</p> <p>9:30 AM Wiggles, Giggles &amp; Tickles - Elijah</p> <p>10:15 AM Wiggles, Giggles &amp; Tickles - Elijah</p> <p>4:30 PM - 6:30 PM Youth Open Gym</p> <p>6:30 PM - 9:00 PM Norwegian Da...</p> <p>6:30 PM - 9:00 PM Northern Lights C...</p> <p>7:00 PM AA Meeting - Gabr...</p>	<p>6:00 PM Miller/Hanson Wedding Rehearsal - Sanctuary</p> <p>7:00 PM - 8:30 PM Miller/Hanson Rehearsal Dinner - MLH</p> <p>7:30 PM - 10:30 PM Tim Practice Time - Sanctuary</p> <p>9:00 PM Men's Horsh Worship Team - Gabriel</p>	<p>12:00 PM - 4:00 PM Wedding Prep - Sanctuary Commons, MLH, Chapel, Peace &amp; Gabriel</p> <p>4:00 PM Miller/Hanson Wedding - Sanctuary</p> <p>5:00 PM Men's Horsh Prayer Time - Sanctuary</p> <p>7:00 PM Men's Horsh Worship - Gym</p>

# November 2011

## Monthly Planner

### November

**1**

7:00 PM Monte Horeb Worship - Gym

**6**

12:00 PM Monte Horeb Sunday School - Gabriel, Elijah, Noah's Ark & Elizabeth

4:00 PM Mississippi Valley Concert - Sanctuary

**Daylight Savings Time Ends**

**Food Shelf Sunday**

SACA Service Project

**8**

7:00 PM Monte Horeb Worship - Sanctuary

**Bazaar Set-Up - Gym**

**13**

11:45 AM Lunch - MLH

12:00 PM Monte Horeb Sunday School - Gabriel, Elijah, Noah's Ark & Elizabeth

4:00 PM Singers In Accord Concert - Sanctuary

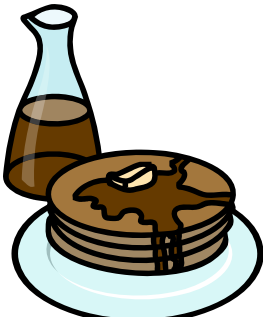
**20**

12:00 PM Monte Horeb Sunday School - Gabriel, Elijah, Noah's Ark & Elizabeth

4:00 PM Northern Lights Chorale Concert - Sanctuary

## CHRISTMAS SCRIP ORDERS DUE BY DECEMBER 11TH!

If you are planning to purchase "scrip" (i.e., gift certificates) to give as Christmas gifts, orders must be placed by Sunday, December 11<sup>th</sup> in order to ensure delivery before Christmas. These gift certificates make great Christmas gifts, in addition to being a great way to make your everyday spending work for your church! Proceeds from scrip sales are currently designated for the replacement of the floor tile in the sanctuary, a project that has been on the wish list of the Worship Board for quite some time. Stop by the scrip sales table in the Link to see the full list of retailers available!



### PANCAKE BREAKFAST FUNDRAISER

for the family of  
**Doug and Lisa Miller**  
Sunday,  
**November 6th**

The Men's Club will hold a Pancake Breakfast fundraiser on Sunday, November 6th to benefit the family of Doug and Lisa Miller. Doug and Lisa have both battled cancer for many years and Lisa is currently in hospice care. Doug and Lisa are the parents of three children ages 14, 13 and 9 who are students in the Mounds View school district. Please mark your calendars and come to support this important event!

## MEN'S FALL FELLOWSHIP MONDAY, NOVEMBER 14TH

All men of First Lutheran are invited to a fall fellowship event on Monday November 14th starting at 6:30 p.m. Make First Lutheran your "man cave" for the evening as we watch the Vikings take on the Packers on Monday Night Football. Food will be served and fun will be had by all. You won't want to miss this!



## MEMORY LOSS... GET THE FACTS

Free class Tuesday, November 15, 2011, 1-2:30 pm. Memory Loss, Dementia, and Alzheimer's Disease". Speaker, Marsha Berry, from the Alzheimer's Association, House of Hope Lutheran Church, 4800 Boone Ave. North, New Hope, MN.

Jane Bugbee, Parish Nurse will drive anyone interested, but registration is necessary. Transportation will be leaving at 12:30 PM from church. Call church to RSVP and leave a message for Jane if you plan to attend.



# CELEBRATING A CENTURY IN CHRIST

The Century Committee is continuing to make plans for several events and projects throughout 2012 to celebrate First Lutheran's 100 year history and look ahead to the next 100 years. The "Main Event" will be our anniversary weekend, April 28-29th. During that weekend we plan to have an all congregation musical theater presentation on Saturday and a Celebratory worship service and brunch Sunday morning. We would like to try to invite as many former members to those events as possible. To do that, we need your help in tracking people down. If you have current email and/or paper mail addresses for any former members of the congregation, please drop them off in the church office or email them to Julie at church ([flcjuliejohnson@q.com](mailto:flcjuliejohnson@q.com)). We plan to send out "Save the Date" information later this year, so please turn in the information as soon as you have it.

Over the next several months we will be publishing several other ways you can get involved. Here are a few to get you started:

1. If you would like to help put together our 100 year anniversary celebration booklet, contact Dorothy Markowitz ([dorothymarkowitz@gmail.com](mailto:dorothymarkowitz@gmail.com), 651-645-9458).
2. Yes, there will be a 100 year cookbook! Start gathering your favorite and best recipes. Double and triple check that the recipe has all the right quantities and all the necessary information. We are going to do our best to avoid having a "corrections" insert to our cookbook! Also, if you have access to recipes from key people in our church's history, we'd like to include those with a recognition of who they came from. So start collecting those as well. More information will be coming about what to do with your recipes.



**BOOK CLUB**

November 16  
 10:00—11:00 am  
 Meet in Peace  
 "The Help"  
 By Kathryn Stockett  
 For information call or E-mail  
 Char Zarich  
 763-572-1220  
[LadyChar@comcast.net](mailto:LadyChar@comcast.net)



**FIRST LUTHERAN WRITERS**

Writers, both beginning and published, meet at First Lutheran every second Tuesday from 10—12, in Peace. They share and encourage each other's writing. Journals, trip or family memories, poetry, opinions, letters to editors, stories: anything goes! Anyone is welcome!

# November Parish Nurse Notes

## Hospice Facts

Hospice is for anyone. It is care for someone with a life-limiting illness whose expectancy may be six months or less if the disease runs its natural course. But under federal law, hospice benefits do not have a time limit, so the time frame may be extended, or can be suspended if the patient is doing better. Hospice is not just for patients with cancer, but also for any life ending illness, such as COPD, heart or kidney failure, or any other terminal illness.

Hospice neither hastens death nor prolongs life, but rather provides comfort for those nearing the end of life. Diagnostic procedures and treatments specifically intended to prolong life are not usually included in hospice care.

The focus of hospice is to provide patient and family-centered care. The mission at Allina hospice state they “try to relieve physical discomfort and meet the emotional and spiritual needs of the patient, while providing support and education for the family and caregivers.” At a recent hospice meeting with a family, the Allina intake coordinator stated, “hospice is not a program but is a process.” Patients are served in whatever location they currently call home, including assisted living centers, nursing homes, group homes, or residential hospice facilities.

Most insurers, including Medicare and Medicaid, and private insurer, cover hospice and frequently medications needed for hospice care are covered 100% with no co-pay.

Hospice patients are cared for by a team of skilled professionals, known as the “interdisciplinary hospice team.” This “team” works with your physician, along with the patient and family to set up an individualized plan of care, which honors the patient’s goals, values, and wishes. The plan of care arranges visits and how often, medication and equipment needs, and what ever else may be needed to focus on comfort and not to find a cure. It is to give the patient and family the help they need to make the most of their remaining time together.

Some of the hospice cares available- depending on the patient’s needs:

- Personal Cares—bathing, maintaining bodily functions, and personal care.
- Symptom Management—Comfort cares, maintaining pain and distressing...symptoms such as anxiety, difficulty breathing, upset stomach, appetite, and insomnia.
- Music and Massage Therapy—helps manage pain and reduce stress.
- Respite Care—to provide short breaks for caregivers and giving them support.
- Grief Counseling—offered to caregivers and families of hospice patients for the year after their death. Including support groups and phone counselors.

Community Resources—patient and family counseling, financial and legal information, such as power of attorney, family leave act (FMLA), money management, social security applications, and children support services.

My facts are courtesy of Allina Hospitals and Clinics hospice program, and from First Lutheran parishioners and families currently in hospice programs.

We all will die eventually, but with the help of hospice, your family and faith let’s make it the best death possible.

In memory of Bob and honor of Sandy. I have learned so much from them, Jane

# ***Thank You***

Thank you to our "First" family of friends for your cards, phone calls, and prayers over the past few years that I have been care giving, during my recent surgery and recovery, and Jerry's placement at the Lighthouse of Columbia Heights. Special thanks to Martha Circle for the lovely yellow mum plant. The beautiful prayer shawls given to us have been another constant reminder of our friends at "First". Thank you. God's blessings to all.

Betty and Jerry Hults

Dear wonderful friends at First Lutheran,

There aren't enough words to describe what kind of people you are. The word compassionate comes the closest. The compassion you showed me and the children was overwhelming. There were 10 people who faithfully drove me to Bethesda, so I could be with Keith. They were hard days, but I was sustained by all of your prayers and I want to thank you from the bottom of my heart. Also, thank you to our parish nurse who came to the hospital to get me to the church for the Memorial service.

On top of all this I found myself moving! Betty and Marge were there to pack dishes so I could get moved. And then the Men's Club came and moved all our "stuff". Keith always preached that we were to be "little Christ's" in the world and all these "acts" were examples of that.

I also want to thank Pastor Tom for his comforting words and prayers.

May the grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

With a thankful heart, Lois Parker

## **FROM OUR RECORDS**

### **October Baptisms**

*Fisher James Fenton Hazelton  
son of William & Dianna Hazelton*

*Alexandra Lennie Wolf  
daughter of Joel & Carrie Wolf*

### **October Funeral**

*Bob Westacott (10-14-2011)*

The family of Bob Westacott wants to thank everyone who was with them these past weeks to comfort Bob during his long battle with cancer and the celebration of his life, Pastor Tom, Jane Bugbee, music by Paul Christensen as well as Peter Carlson. Thanks to Neal our son-in-law for his words of remembrance and Thomas Hermans our grandson for sharing his organ talents. Thanks also to Rachel Circle for the wonderful lunch and the caring custodial assistance of Don Rosell. Thanks to our many friends and extended church family who showed us once again the love of Jesus.

Shirley Westacott and family



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Phone: 763-788-9653

### Staff

Thomas M. Carlson.....Senior Pastor  
Amy Orstad .....Associate Pastor  
Leisha Tays.....Director of Youth & Family Ministry  
Nathan Roberts...Director of Children's & Family Ministry  
Peter Carlson.....Minister of Music  
Timothy Short.....Associate Organist  
Rock Hauser.....Food Services Director  
Joline Dittbenner.....Nursery Coordinator  
Carol O'Brien.....Assoc. Nursery Coordinator  
Julie Johnson.....Business Administrator  
Dayle Boyce.....Parish Secretary  
Jane Bugbee.....Parish Nurse

#### Custodians

Roger Johnson, Sheldon Knutson, Don Rosell,  
Florian Janey, Ron Boyce, Josh Tays

## WORSHIP SCHEDULE

### Sunday Mornings

8:45 AM	Chapel Service
10:00 AM	Worship
11:00 AM	Education Hour & Fellowship Time



### CALLER DEADLINES:

Please have any information for the Caller into the church office by the end of the business day on the **12th** of each month.

E-mail address: [firstlutheran-ch@q.com](mailto:firstlutheran-ch@q.com)

WEB Address: [www.flcch.org](http://www.flcch.org)