



# *First Lutheran Caller*

OCTOBER 2011

## WELCOMING THE HOMELESS

Our Minnesota weather is exciting. We run our air conditioners one day and our furnaces a few days later. Can you imagine, then, having neither, not even a roof over your head? That is what thousands of people in the Twin Cities experience every night. The recession has forced many families out of their homes. An illness. A job loss. An accident. Suddenly, you have no where to live.

Families Moving Forward is an organization that works with homeless families, helping them to find permanent, affordable housing. In the interim, though, these families live in churches. A different church each week. For one week in September, our church was their home.

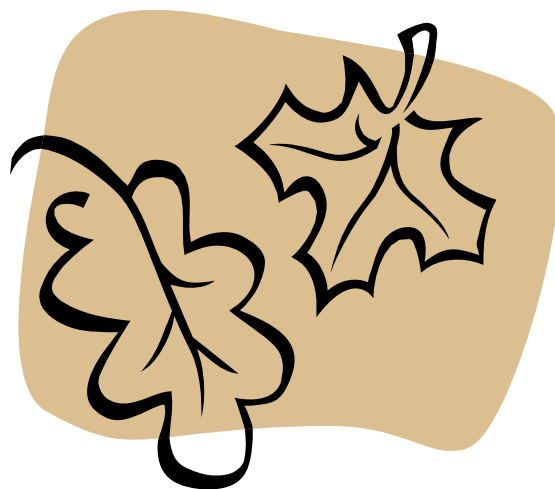
It was a great week. We learned a lot from our guests who stayed here. We met people who showed us what resiliency and hope in the face of difficulty can look like. We met Christ in our neighbor. We experienced Christ's love in action.

Seventeen people lived in our church September 18-25. Thirteen were children, ranging in age from 8 months to 17 years of age. Over 35 of our members cooked meals, set up beds, played with the children, slept overnight, and generally hosted. Dozens more of our members donated bedding and linens and other

personal items. This was really a project of our whole congregation. And beyond our congregation. Our sister congregations, Mt. Carmel and Gustavus Adolphus, contributed to a successful week with donated items and volunteers.

Thanks to all who helped in every way. Remember, when you care for the least ones you are doing it for Christ.

Pastor Tom



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## COMEDY SPORTZ COMES TO FIRST LUTHERAN FOR ALL AGES

OCTOBER 9<sup>TH</sup> 12:30-1:30

COMEDY SPORTZ IS AN AWARD WINNING IMPROV TROOP WHO WILL LEAD AN ALL AGES GAME SHOW EVENT AFTER CHURCH. IT'S LIKE WE ARE HAVING SATURDAY NIGHT LIVE AFTER CHURCH. IF YOU'RE AFRAID OF ACTING JUST STAY FOR THE SHOW!

SUGGESTED DONATION \$10/PERSON \$20/FAMILY.

"FUN ENOUGH FOR A BACHELOR PARTY. CLEAN ENOUGH FOR YOUR GRANDMA." [WWW.COMEDYSPORTZTC.COM](http://WWW.COMEDYSPORTZTC.COM)

## CONGRATULATIONS CONFIRMANDS!

Congratulations to the Confirmation Class of 2011! The following young people have put in great effort in the past two and a half years toward their affirmation of baptism.

Please take a moment to celebrate with them and be there as they confirm their faith on Sunday, October 30 at the 10:00am service.

### Congratulations!

Carrie Burck  
Michael Husen  
Jessica Kaliher  
Allison Olsen  
Simone Woods

"I have taken an oath and confirmed it that I will follow your righteous laws." ~Psalm 119:106

Thank you to our adult shepherds who have walked with these young men and women on their journey:

Janet Zarich, Edward O'Brien,  
Julie Larson, Jody Faust.

## ALL SAINTS BOOK

We once again invite you to make a contribution to our All Saints Book, located in the sanctuary by the baptismal font beginning Oct. 16. In the book you can write a brief remembrance of someone who has passed away that touched your life or helped you on your faith journey. On All Saints Sunday (Nov. 6), the book will be carried in during the processional and laid on the altar.



## WORSHIP AND MUSIC

By Peter Carlson, Director of Music



You may have noticed some changes in our Music at First concert series this fall. After much discussion, we've come to the conclusion that running an official "concert series," with brochures, receptions, etc., was not the best use of our volunteer and financial resources. So much of that has been discontinued.

However, we are blessed to have a beautiful sanctuary with excellent acoustics that musicians love to perform in. And we have a passion for providing good concerts to the people of our community. So First Lutheran will continue to host concerts as we have availability. For most concerts, we take in some money in rental fees, which of course is a good thing. But we also offer a

quality space for a fee much less than regular recital halls. At a time when arts organizations face so many financial challenges, I know that this is greatly appreciated. What a privilege it is for us as a congregation to help people encounter God's great gift of music in so many ways!

I hope you'll take advantage of the great wealth of concerts that grace our sanctuary throughout the year. I'm amazed at the variety, quality, and sheer numbers of musical groups in our area. Upcoming concerts at First will always be advertised in the Caller, and you can see a full list in the Music section of our website. If you'd like information sent right to you, just give me your email address and I'll put you on our e-list. Hope to see you at a concert soon!

## IN WORSHIP THIS MONTH...

Worship during the month of October (at the 10:00 service) will be led by our SHOUT! Band, which has been presenting occasional Sunday evening services and helping with youth events. Come to church ready to sing God's praises with excitement and energy!

## MUSIC AT FIRST

The **First Lutheran Senior Choir** and **Chorus Polaris** are hosting a choral workshop here at FLC on **Saturday, Oct. 15**. Nationally-known conductor and composer **Keith Hampton** will be working with a mass choir made up of church choirs from around the area. You can come hear the fruits of their labor at a **FREE** public concert at 4:00 that afternoon. With a choir of over 100 participants, it's sure to be a thrilling event!

On **Sunday, Oct. 30 at 3:30 pm**, the **Roseville String Ensemble** will be performing in our sanctuary. Join them for an exciting program of string orchestra music, including a concerto grosso by Handel, Bartok's *Rumanian Folk Dances*, Britten's *Simple Symphony* and Arvo Part's *Cantus in Memory of Benjamin Britten*. Conductor Jim Hainlen will give a free pre-concert talk at 3 p.m.

There is no charge for the concert; a free-will offering will be taken.

**Keep up with info on upcoming concerts!** Join our e-list by sending your email to Peter at [flcpeter-carlson@q.com](mailto:flcpeter-carlson@q.com). Or look for Music at First on Facebook!

## YOUNG AT HEART

**Tuesday, October 11, 9 - noon**

### Feed My Starving Children

FMSC is a non-profit Christian organization that hand packs meals specially formulated for starving children. The food bags are sent to 70 needy countries. Our two hours are not physically taxing --you can stand or sit as the repetitious work is accomplished.

9:00 meet and depart church for Coon Rapids

9:30-11:30 the work project

12:00 lunch back at church featuring Marge's delicious home-made soups

\$5 for van ride and lunch; please sign up on our bulletin board.

### October 16-21

A motorcoach trip to Branson, Missouri

46 people making the trip. A sheet with 'Don't Forget....' reminders will be posted on our bulletin board by Sunday, Oct 9.

Please pick one up.

### Comin' up:

Tuesday, November 15, 12 noon

Potluck at church

Laurie Johnson from the Minnesota History Center will make a presentation entitled 'Priming the Memory Pump.' She is a noted artist, educator and storyteller.

December

Christmas Luncheon

## SUNDAY ADULT EDUCATION

All are welcome to join us in the new Adult Education classroom, newly named Thomas, on the second floor next to the music room, Bach. The class meets during the education hour, 11:00 – 12:00. Our schedule for the month of October is quite varied.

October 2 – Clara Shattuck, along with her daughter Dawn, will share their experience of attending the Women of the ELCA convention last summer. Hear their first-hand account of our church at work.

October 9 – Kathy Ballard and Donna Akenson are excited about traveling to Holden Village, a Christian retreat center in the Cascade Mountains of Washington. Hear and see the exciting story of Holden Village, and find out how you, too, can experience this beautiful place of spiritual growth.

October 16 – Brenda Moore, Gift Planner with the ELCA Foundation, helps us understand how to be good stewards of the money God has given us. Not only while we live, but after we have left this life. Brenda has a great deal of financial expertise, and a special connection with First Lutheran. She worshipped here when she worked for Lutheran Youth Encounter years ago.

October 23 & 30 – The Bible study, "Hebrews: A New and Better Way" resumes. Pastor Tom will be leading sessions three and four of our study of this little understood book of the Bible.

# YOUTH LOCK-IN



**Sat., Oct. 8, 5:30pm – Sun., Oct. 9, 10am**  
**6-12<sup>th</sup> graders**

Special guests leading worship at 6pm.  
 Followed by pizza, games, Bible study, and tons of fun!

Bring: friends, \$5 to contribute toward pizza and breakfast, overnight toiletries, pajamas, cot/air mattress (there will NOT be futon mattresses available to youth – there's not enough), sleeping bag/pillow, Bible, snack to share.

**Don't bring: electronics or anything of great value.**

Let's enjoy each other's company and not be distracted by these things.

Sign up on the Youth Board in the Commons, via Facebook, or by contacting Leisha at [flcyouth@q.com](mailto:flcyouth@q.com) or 763-788-9653.

## OCTOBER CONFIRMATION REMINDERS

9 – 10am-12:30pm

Parents join students for “Parents, Teens and Money” in the Youth Chapel

14, 5pm – 16, 2pm

9<sup>th</sup> grade retreat at YMCA Camp Ihduhapi (Parents join from 12noon-2pm in Katie Luther Cellar for lunch and presentation)

30 - Affirmation of Baptism for 9<sup>th</sup> Graders

8:30am Gather in Commons (9<sup>th</sup> Graders)

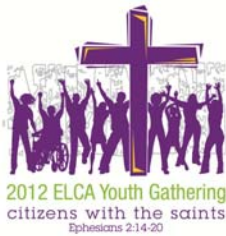
8:45am Rehearsal (9<sup>th</sup> Graders)

9:20am Rehearse (6-9<sup>th</sup> Graders)

9:30am Pictures (9<sup>th</sup> Graders)

10:00am Worship with Affirmation of Baptism (6-9<sup>th</sup> Graders)

## SPUDFEST



2012 ELCA Youth Gathering  
 citizens with the saints  
Ephesians 2:14-20

Sunday, October 16, 11-1 in Martin Luther Hall we will be having a Spudfest! Come and enjoy a HUGE spud with all of the toppings. All proceeds will go to the 2012 ELCA National Youth Gathering.

\$5 per person, \$20 max/family

### 2012 ELCA National Youth Gathering October Timeline

2 - \$200 deposit, registration form, release of liability form due

23 – 9am Meeting in the Youth Chapel for all participants



## “BEAN SAVED” COFFEE CART

Bean Saved would like to thank the boards of First Lutheran for providing goodies for our coffee cart every Sunday.

Thank you to those who have donated so far:

August – Evangelism and Outreach Board

September – Stewardship Board

October – Education Board

**Thank you for showing your support to our Youth!!!**

**More Youth Information continued on the next page.....**



# F.L.Y. NIGHT!

## (First Lutheran Youth Night!)

**You may think you've already heard all the Bible has to offer...but you're in for a fun surprise!** Believe-It-or-Not Bible Studies that highlight 13 wild—but true—Bible stories that pack powerful points.

Now you can experience important Bible lessons while we prove once and for all that the Bible is anything but boring. With attention-grabbing, true Bible stories; outrageous, memorable activities and intense scriptural truths, you will learn the Bible like never before...and love every minute of it!

Expect the unexpected from the most important book you'll ever read and you'll have your interest fueled for a lifetime!

6-12<sup>th</sup> graders - One Friday a month, 6-9pm at First  
This month: October 28<sup>th</sup>.

Dive deep into your faith, grow closer with each other and God. We'll play games, discuss topics relevant to your life, dig into our Bibles and more! Come join us! Friends are more than welcome!

## TURKEY BASKETS

It's that time again...



October and November present an opportunity for service. This month we will be collecting items to make turkey baskets for those in need. In order to do this, we are in need of your generosity and your help. Each box will contain the items needed to make a complete Thanksgiving dinner. If you are able and willing, please bring your donations to First Lutheran between now and Sunday, November 6<sup>th</sup>.

### Items needed include:

Canned cranberries, Sweet potatoes, Canned vegetables, Canned fruit,  
Box mashed potatoes, Gravy mix, Turkey Stuffing mix, Jell-o mix,  
Canned Pumpkin & Evaporated Milk, Canned Fruit Pie Filling, Coffee, Tea,  
Mini Marshmallows, Pie Crust (already made or just add water), \$10 gift cards to Cub,  
and Monetary donations  
(Checks can be made out to First with "Turkey Baskets" written in the memo.)

Turkey baskets are then assembled by our Confirmation students and delivered to S.A.C.A. who then determines the recipients.

# WORSHIP ASSISTANTS

## 10:00 AM

### Acolytes:

October 2	Erin Johnson	Katie Schweiger
October 9	Erica Edstrom	Adam Larson
October 16	Allison Olsen	Andre Woods
October 23	Jessica Kaliher	Jessie Husen
October 30	Catie Miller	Tori Husen

### Communion

#### Servers:

October 2	Don Rosell Carol O'Brien	Denise Roberts Mary Kay Miller
October 9	Dale White Faith White	Rose Ann Nelson Ruth Dodson
October 16	Chester Shattuck Clara Shattuck	Kevin Kaliher Renee Latzke
October 23	Larry Bugbee Jane Bugbee	Pam Hartel Diane Henderson
October 30	Christine Anderson Lloyd Jackson	Gary Berg Julie Johnson

#### Bus Driver:

October 2	Vance Husen
October 9	Charles Pierson III
October 16	Pam Sigurdson
October 23	Dale Streed
October 30	Scott Arne

## 10:00 AM

### Ushers:

October 2	Vern Hoium John & Mary Kay Miller Victor Zarich	Pam Sigurdson Catie Miller Gary Carlson
October 9	Einar & Elinor Berg Roger & Dorothy Anderson	Rita Schultz Dave & Karen Maurer Nicole Maurer
October 16	Tom Dillenburg Mike & Pam Hartel	Glen & Betty Krahl Janet & Ben Streed Erin Johnson
October 23	Len & Jan Casanova Tom & Bonnie O'Brien	Tom & Sonja Super Laura Super Dave LaSota
October 30	Fred Edstrom Jonathon Edstrom Ramona Wold	Erica Edstrom Larry Larson Tim Traynor Bill Baker



**FIRST LUTHERAN CHURCH FINANCIAL UPDATE**

First Lutheran's major checking and savings accounts and the balances as of August 31, 2011 are listed below. If you have any questions or would like to obtain more specific information, please call Julie 763-788-9653.

.August 2011		
<b>General Fund Balance 7/31/2011</b>	\$	(5,620.15)
Offerings received	\$	35,931.43
Other Deposits/Transfers	\$	70,476.35
Transfers to Payroll	\$	(20,563.26)
Other Checks/Transfers	\$	(57,195.64)
<b>General Fund Balance 8/31/2011</b>	<b>\$</b>	<b>23,028.73</b>
<b>Building Fund at 7/31/2011</b>	\$	162,699.96
Offerings	\$	8,214.38
Mortgage Payment	\$	(15,627.90)
<b>Buidling Fund Balance 8/31/2011</b>	<b>\$</b>	<b>155,286.44</b>
<b>Perpetual Reserve Balance 8/31/11</b>	<b>\$</b>	<b>96,082.24</b>
\$10,000 Loan taken in May 2011		
<b>Special Projects Balance 8/31/11</b>	<b>\$</b>	<b>36,029.93</b>
<b>Memorial Fund 8/31/2011</b>	<b>\$</b>	<b>20,577.37</b>
<b>**Endowment Fund Principle 8/31/2011**</b>	<b>\$</b>	<b>702,775.31</b>
Earnings available for Undesignated Use	\$	37,184.76
<small>**Endowment principal is held in perpetuity and cannot be spent ("Dollars Forever").</small>		
<small>Only the investment earnings on this balance are available for use with the approval of the Endowment Committee.</small>		

**ENDOWMENT FUND**

**"Dollars Forever"**

**BRENDA MOORE IS COMING TO FIRST LUTHERAN**

**on Sunday, October 16!!!**

Please join us for her presentation on Wills, Estates and Gift Planning on Sunday, Oct 16 at 11:00 am in Thomas (second floor next to the choir room).

Brenda, Regional Planner for the ELCA Foundation, will review:

- >the importance of having a will and what happens to your estate if you don't
- >the ways you can use your will, an IRA, & life insurance to name beneficiaries of an asset
- >how you can meet personal and family financial goals
- >how you can make provisions for the ministries of the church

Sunday, October 16 is also Stewardship Sunday. Come and learn from Brenda how to be good Stewards of your gifts from God.

**PAINTING PARTIES**



**100th Anniversary Preparation**

**On Wednesday, October 12, 8:30**

**am to noon and Thursday, October 20, 4:30 to 8:00 pm we'll be getting together to continue the task of painting more hallways and classrooms. Please join us!! The more hands that pitch in to help, the sooner the tasks can be accomplished. Once again thank you to our volunteers who give of their time!!!**



## October 2011 Parish Nurse News    **Exercise-- NOT AGAIN!!**

Last month I reported about the benefits of exercise, to control your weight by burning calories, help prevent or delay chronic diseases such as diabetes, high blood pressure or strokes, and to boost your energy and help you to sleep better.

Barriers--What are some of your personal barriers to becoming more physically active?

Too busy with work and family demands?

- Make it a priority, use 10 minutes of your lunch break to walk. You will eat less!
- Make family time physically active- walk or bike

I am just too tired at the end of a long day.

- Ten minutes of exercise will make you sleep better

The treadmill or stationary bike is boring!

- Listen to music or rent an audio book from the library

I am afraid I will hurt myself.

- Start slow, take a class, try water aerobics, and always check with your doctor if you are concerned.

It is too cold/hot out to exercise- (this is my personal favorite excuse!)

- Walk in the mall, join a fitness/community center, rent an exercise DVD from the library, or walk in the halls of church!

### **Guidelines for Physical Activity for Americans**

From the US Department of Health and Human Services

**Children and Adolescents ages 6-17:** One hour or more of physical activity daily. Moderate or vigorous physical activity, 3 days per week, do muscle and bone strengthening activities also.

**Adults- ages 18-64:** Two hours and 30 minutes per week of moderate intensity or 75 minutes of vigorous intensity-aerobic activity per week. Also do muscle strengthening activities to all major muscle groups on 2 or more days a week.

**Older Adults-ages 65 and older:** Follow the adult guidelines or as physical abilities allow. Avoid inactivity, and do exercises that maintain or improve balance if you are at risk of falling.

For everyone, some activity is better than none. Physical activity is safe for almost everyone, and the benefits of activity far outweigh the risks. People with chronic illness' such as diabetes, heart disease, or osteoarthritis, or who have symptoms such as dizziness, chest pain or pressure, or joint pain will need to consult with their health care provider about physical activity before beginning.

**Join me in some easy exercise/movement classes beginning October 25<sup>th</sup> at 11:00 AM in Martin Luther Hall (depending on funerals and other scheduled events)**



# October 2011

## Monthly Planner

**October**

**2**

- 11:00 AM New Member Class - Peace
- 11:15 AM Take 10 - Chapel
- 11:30 AM Monte Horeb Worship - Sanctuary
- 11:45 AM Lunch - MLH
- 12:00 PM Monte Horeb Sunday School - Gabriel, Elijah, Noah's Ark & Elizabeth
- 1:00 PM - 3:00 PM Craft Shower - Peace

**Food Shelf Sunday**

**4**

- 7:00 PM Monte Horeb Worship - Sanctuary

**5**

- 7:15 PM Rachel Circle

**9**

- 11:00 AM Small Group Bible Study - Staff Kitchen
- 11:15 AM Take 10 - Chapel
- 11:30 AM Monte Horeb Worship - Sanctuary
- 11:45 AM Lunch - MLH
- 12:00 PM Century Committee Meeting - Faith
- 12:00 PM Comedy Sportz Workshop - Gym
- 12:00 PM Monte Horeb Sunday School - Gabriel, Elijah, Noah's Ark & Elizabeth
- 2:00 PM Set-up for PUSHPA Dinner - MLH
- 6:00 PM PUSHPA Dinner - MLH, Kitchen, Link Reception of New Members

**11**

- 5:15 PM Memorial & Endowment - Faith
- 6:00 PM The Marriage Course - MLH
- 6:30 PM Men's Club - Hope
- 6:30 PM - 9:30 PM Chorus Polaris Rehearsal - Choir Room
- 7:00 PM Monte Horeb Worship - Sanctuary

**16**

- 11:00 AM Adult Fellowship - MLH
- 11:00 AM Alpha Classes - Katie Luther Cellar
- 11:00 AM Spudfest - MLH**
- 11:15 AM Take 10 - Chapel
- 11:30 AM Monte Horeb Worship - Sanctuary
- 12:00 PM Monte Horeb Sunday School - Gabriel, Elijah, Noah's Ark & Elizabeth
- 12:00 PM - 2:00 PM Confirmation Parents Lunch - Katie Luther Cellar

**Consecration Sunday**

**October**

**20**

**MEA WEEK-END**

**23**

- 11:00 AM Adult Fellowship - MLH
- 11:00 AM Alpha Classes - Katie Luther Cellar
- 11:15 AM Take 10 - Chapel
- 11:30 AM Monte Horeb Worship - Sanctuary
- 11:45 AM Lunch - MLH
- 12:00 PM Monte Horeb Sunday School - Gabriel, Elijah, Noah's Ark & Elizabeth

**25**

- 7:00 PM Monte Horeb Worship - Gym
- 7:45 PM Council Meeting - Faith

**30**

- 11:00 AM Adult Fellowship - MLH
- 11:00 AM Alpha Classes - Katie Luther Cellar
- 11:15 AM Take 10 - Chapel
- 11:30 AM Monte Horeb Worship - Gym
- 11:45 AM Lunch - MLH
- 12:00 PM Monte Horeb Sunday School - Gabriel, Elijah, Noah's Ark & Elizabeth
- 3:30 PM String Concert - Sanctuary

# STEWARDSHIP AND OUR CHURCH

First Lutheran Church will be celebrating its one hundredth anniversary in 2012. From humble beginnings as a tiny immigrant church, we have blossomed into an exciting and vibrant congregation whose members represent a wide variety of backgrounds.

As we begin our journey into our second century, the church needs a strong foundation. A successful stewardship campaign will make that possible. For 2012, we hope that this campaign becomes part of our greater effort to reach out into our community and spread the Word of Christ.

*God is our refuge and strength—Psalm 46:1*

Our church, its congregation, pastors and staff are committed to:

- Spirituality and a real connection to God and Christ
- Love, goodness and joyfulness in our own lives
- Reaching out and serving others

And it is stewardship that makes this possible. Stewardship is making good use of all the gifts that God gives us. All members will receive a packet with a pledge form and Time and Talent sheet. We are asking all members of the congregation to do two things:

- \* Fill out the Time and Talent sheet
- \* Complete the Pledge form

We will be asking for these to be returned by Consecration Sunday on October 16. The Time and Talent sheet helps us to more efficiently use our hundreds of volunteers. Volunteers enable us to succeed in our ministries.

Please prayerfully consider your pledge. It will be greatly appreciated if all pledges could be turned in on or before October 16.



## **PUSHPA's Annual Benefit Dinner** **6 p.m., Sunday, October 9**

The program will include hors d'ouvres, a short informational meeting, Indian dinner, and light entertainment. There is no charge, but we would appreciate RSVP's by October 5, for planning purposes.

PUSHPA is a Minnesota registered 501c3 (non-profit) organization helping disadvantaged villagers to improve their lives in Franklin's home district in South India.

**RSVP to church office, [gfranklin01@netscape.net](mailto:gfranklin01@netscape.net), or 651-636-6239 by October 5.**

## Is there a child waiting for you?

The school year has just gotten started and kids are back in classes. But did you know that First Lutheran Church of Columbia Heights is partnering with Highland Elementary School and Kinship of Greater Minneapolis to help mentor children hoping for adult friends? The children K-5<sup>th</sup> grade, both boys and girls are on a waiting list for individuals, couples or families to become their friends. Some of these kids are from single parent families who have requested additional support. Sometimes they are hoping for someone with lots of energy to keep up with the child or some parent might want a mentor who understands computers who can help with that technology. Other times it might be a grandparent now raising another generation, but feels out of the loop with school work. This is where FLC members can help. If you enjoy kids and can commit to a couple of hours a week to hang out with a little person near the neighborhood of FLC then please give me a call at 763-862-6755 and learn more. If you would like to talk with other members from FLC that are already mentoring some Highland Park kids, that can be arranged.

One of the children currently hoping for a mentor is 5 year old Andrea. Andrea loves “Justin Bieber” and dancing. She likes to learn and draw. She also enjoys swimming, bike riding and going to the park. She watches her brother go with his mentors each week and is so hoping her turn will come pretty soon. If you have some time to include Andrea in your life please call Penny at 763-862-6755 and I can tell you more.

Penny Kallas  
Anoka County Kinship Director  
763-862-6755 cell

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### Mark your calendars now for...



Saturday, Oct. 8, 6:30 pm First Lutheran Sanctuary

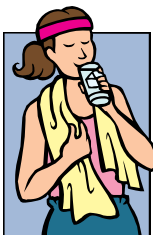
Have you ever felt like a misfit? Have you ever wanted to look or sound or act like someone else? Has anyone ever made you feel like less of a person? We have good news: you are a unique and special part of God's creation! God, the creator of the world, has created you in God's image and loves you just the way you are.

At IMAGE we worship a God who welcomes everyone. We rise above cliques, status and popularity. We look for ways to be the people God has created us to be. Join us for unexpected music and uncommon grace!

## WEIGHT WATCHERS

Sunday October 16th, 9:00AM in Peace-Weight Watchers information and registration meeting.

This meeting consists of an overview of the program, Q & A, along with a financial commitment is needed to join Weight Watchers at this meeting.



## EASY EXERCISE

Come move to some light and easy exercise at church starting Tuesdays-beginning October 25th at 11:00 AM in Martin Luther Hall.

## HOLDEN VILLAGE 2012

What's the buzz about Holden Village? Adult Education on October 9 will feature more details about our planned trip for 2012 and also the stories from those who have visited Holden Village in the past. This intergenerational retreat center is located in the Cascade Mountains of Washington state – away from cell phones, television, computers. Just surrounded by God's beauty. All meals (no cooking, ladies) and lodging is included in the weekly cost. We will be discussing possibilities for dates and travel arrangements. Questions – contact Kathy Ballard (651-486-9149).



## ANNUAL CHRISTMAS BAZAAR SATURDAY, NOVEMBER 12, 2011

9am – 2pm

Come to shop and watch the demonstrators make lefse, krumkake and flatbread. Our **LUNCH COUNTER**, and **COFFEE SHOP** will feature their specialties to enjoy at the bazaar and our **BAKE SHOP** will have a wonderful assortment of goodies for you to take home.

**CARDS, CANDLES 'n KNIVES** will have holiday cards, knives and special items that are great for gift giving.

Bring your Christmas shopping list-you'll find wonderful gift items at the **CRAFT BOOTH**, **WOOD SHOP**, and **TOWEL TABLE**. **MISSION WORKSHOP** will have quilts and other hand stitched items for sale.

Take a walk around the table at the **COOKIE EXPRESS** and fill a box with lovely Christmas cookies to enjoy during the holidays.

Be sure to check out the **BASKET BID** for great pre-wrapped gift baskets.

Stop by **JEWELRY AND ACCESSORIES** for gently used purses, jewelry and scarves.

Your support is greatly appreciated. Our proceeds go to home and foreign missions.

**You still have time to donate your time and talents to any of the booths. We will be at church to set up on Friday, Nov. 11 and those hot-out-of-the oven goodies can be brought to the church Saturday morning also. Please consider working at a booth, making a craft item or baking cookies.**

Cheryl Ballingrud  
651-633-0679

Lyn Larson  
763-424-2323

Dorothy Markowitz  
651-645-9458

**CONGRATULATIONS TO  
KAREN S. PETERSON WHO  
NAMED THE  
100<sup>TH</sup> ANNIVERSARY SLOGAN  
“CELEBRATING A CENTURY  
IN CHRIST”**

The Century Committee chose the winning entry which will be used throughout next year during our anniversary festivities. Thank you to the many people who submitted entries.

**PRAYER SHAWL  
GATHERING**

We will be having our first gathering for the fall on Tuesday, October 11 at 1:00 pm in the Link. We are in need of more Pray Shawls, so if you knit or crochet we can use your talents. New Prayer Shawls will also be blessed at that time.

**FIRST LUTHERAN  
WRITERS**

Have you ever thought, or been told by your friends or family, “You should write that down”? Writers, both beginning and published, meet at First Lutheran every second Tuesday from 10—12, in the Peace room. They share and encourage each other’s writing. Journals, trip or family memories, poetry, opinions, letters to editors, stories: anything goes! Anyone is welcome to visit and see if this activity works for you!

**FROM OUR RECORDS**

**September Baptisms**

*Addison Jo Winters  
daughter of Adam & Stephanie Winters*

**September Funerals**

*Joseph Jennico (9-10-2011)  
Pastor Keith Parker (9-24-2011)*

**RACHEL CIRCLE**

will meet at Joyce Beeksmas on  
Wednesday, October 5th at 7:15 pm.

**NO  
BOOK CLUB  
MEETING IN  
OCTOBER!  
NEXT MEETING  
NOVEMBER  
16TH  
AT 10:00 AM  
IN PEACE  
BOOK TO BE  
ANNOUNCED LATER!**

**FIRST LUTHERAN CHURCH**  
1555 40th Avenue NE  
Columbia Heights, MN 55421-3195  
763-788-9653

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Phone: 763-788-9653

### Staff

Thomas M. Carlson.....Senior Pastor  
Amy Orstad .....Associate Pastor  
Leisha Tays.....Director of Youth & Family Ministry  
Nathan Roberts...Director of Children's & Family Ministry  
Peter Carlson.....Minister of Music  
Timothy Short.....Associate Organist  
Rock Hauser.....Food Services Director  
Joline Dittbenner.....Nursery Coordinator  
Carol O'Brien.....Assoc. Nursery Coordinator  
Julie Johnson.....Business Administrator  
Dayle Boyce.....Parish Secretary  
Jane Bugbee.....Parish Nurse

#### Custodians

Roger Johnson, Sheldon Knutson, Don Rosell,  
Florian Janey, Ron Boyce, Josh Tays

## WORSHIP SCHEDULE

### Sunday Mornings

8:45 AM	Chapel Service
10:00 AM	Worship
11:00 AM	Education Hour & Fellowship Time



### CALLER DEADLINES:

Please have any information for the Caller into the church office by the end of the business day on the **12th** of each month.

E-mail address: [firstlutheran-ch@q.com](mailto:firstlutheran-ch@q.com)

WEB Address: [www.flcch.org](http://www.flcch.org)