

First Lutheran Caller

LOVE GOD. LOVE OTHERS.

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Worship Hours:

8:45 AM—Chapel

10 AM—Sanctuary

(All Age Worship)

Pastoral Staff:

Bonnie Wilcox
Senior Pastor

Jill Bergman
Associate Pastor

The Caller Newsletter is

Published by First
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Editor: Joyce Weaver,
joycew@flcch.org

Senior Pastor Column

A. We are too small and we don't have enough money.

B. We are exactly the right size and have all the resources we need for what God wants us to do in and through us.

How do these two statements strike you? In every church I have served, no matter the size, location, indebtedness, or numbers, Statement A has often been spoken out loud.

I've almost never heard anyone say Statement B. But isn't this what we want to say about First Lutheran Church of Columbia Heights? To speak with confidence and trust that the Holy Spirit has a mission for us – and will provide what we need to accomplish it?

So much of church history – the history of the Christian Church on earth, from Bible days to now, has included many against-the-odds stories. (1) A persecutor of Christians named Saul becomes Paul, the greatest Jesus-witness in history! (2) A group of believers from a back-water, unruly place (Jerusalem) fan out and bring the news of Jesus to the whole world! (3) A monk in Germany calls out the Church on its abuse of power and the whole Christian Church is reformed.

Against the odds, a group of Norwegian-Americans formed a church in this community in 1912. It survived through flu epidemics, world wars, the Great Depression, and more cultural changes than we can count.

The work we've done with Kairos and Associates gives our leaders great hope! (See our visioning update on page 6).

We possess the optimism, energy, resources and FAITH to accomplish almost anything we can imagine God is calling us to do.

Read that last sentence again: We possess the optimism, energy, resources and FAITH to accomplish almost anything we can imagine God is calling us to do.

Let's imagine, risk and live out the truth of this statement:

We are exactly the right size and have all the resources we need for what God wants us to do in and through us.

Remember, too, these words from the Letter to the Ephesians, Chapter 3:

God can do anything; you know—far more than you could ever imagine or guess or request in your wildest dreams! God does it not by pushing us around but by working within us, his Spirit deeply and gently within us.

Glory to God in the church!

Glory to God in the Messiah, in Jesus!

Glory down all the generations!

Glory through all millennia! Oh, yes!

Ephesians 3:20-21 (The Message)

Pastor Bonnie Wilcox,
Senior Pastor

P.S. I have some exciting plans this summer!

On June 15, my daughter, Elizabeth, will receive a religious blessing on her marriage to Jorge Gonzalez in Minnesota. (We celebrated in Spain in April, where they reside.)

From July 15 – 30, I will be on vacation in Iringa, Tanzania, with a special choir of Lutherans from St. Paul who will tour with a choir from the Lutheran Church in Tanzania. This will be my 7th visit to Tanzania, and I look forward to seeing some old friends.

In August, I will be a voting member at the ELCA's Churchwide Assembly in Milwaukee, WI. The national church meets every three years to worship and conduct the business of the greater church. This year we will be electing our presiding bishop and approve a Social Statement on Women and Justice. I'll be in Milwaukee Aug. 5 – 11.

Music Director Search

Ms. Jeong Lee is currently serving as our Interim Music Director. We are grateful for her musical gifts and leadership in this interim time.

As the Personnel Committee begins a search for a permanent music director, we are looking for nominations of persons interested in participating with the search process.

We are looking to form a small, balanced, cross section of the congregation that will work with us in our selection process. Please submit your nominations by May 1 to flcchmusic@flcch.org

If you have any questions, please contact Dorothy Markowitz at the above email.

SUMMER WORSHIP

"Ketchup" Sunday

Bring Some Green - We'll Have Some Red!

Sunday, May 19, 2019

The winter was hard on everyone, including the church. There were at least three Sundays affected by the weather of extreme cold and snow. This affects our ministry dollars, too. We have received about \$15,000 less than we expected at this point in the year.

You can help us "ketchup" in two ways:

1. Please make a special gift on May 19 that equals your usual giving x 3. This will make a big difference as we approach the summer! *Thank you!*
2. Consider moving to electronic giving. With automatic deductions, even when the weather is nasty, your gift is offered! You can use **Electronic Funds Transfer** from our website, flcch.org (upper right hand corner) to set up a one-time or recurring donations.

May 19 is also our Sunday school End-of-the-Year Picnic! Stick around for food and fellowship after worship, and we will have some red ketchup for your hotdog or burger!

If you can't make it on May 19, your additional gift this month will help us meet our ministry commitments, including the gifts we share with our ministry partners!



Summer Worship & Office Hours

Please note these schedule changes from Memorial Day weekend through Labor Day Weekend.

- 1) **We'll worship as one church at 10 AM on Sundays.** Worship will change in June (no 8:45 AM service). This early service will resume on Sept. 8.
- 2) Rock Hauser and our kitchen teams will take a summer break. The **Community Meals** will resume in September as well.
- 3) **PENTECOST** is on June 9 this year – **wear something RED** to church to celebrate the beginning of the Christian Church!
- 4) **Wednesday Night Picnic Worship** – an opportunity to gather for a midweek meal and worship in the courtyard at church. Begins Wednesday, Jun. 26, through Wednesday, July 31. See more on page 8.
- 5) The **American Voices service** is moving to Labor Day Weekend, on Sept. 1, at 10 AM. This service celebrates the writing of those who have shaped our nation: immigrants, young people, and Native Americans.
- 6) Beginning Friday, May 31, the **Church Office** will close at 12 PM on Fridays during the summer months.

MUSIC & WORSHIP



Thank you for being a part of our Worship and Music ministry here at First Lutheran Church!

Thank you for sharing your time, effort, talents, spirit and energy! We are growing and working together. We are sharing our joy, positive energy and happiness.

We would like to throw a potluck party on May 22 at 6 PM in Martin Luther Hall for A/V team and *all musicians* at FLC including Children's Choir and their parents, Handbell Choir, Singers and Guitarists or anyone who would like to share your talents with us in the future.

There will be fun games, talent show and quizzes. I highly encourage you to prepare a talent show. :)

Bring your family or friends if you want. Don't forget to bring your smile!

Be sure to register your name and numbers on the sign-up sheet in the church office by Sunday, May 19. If you are able to bring a dish to share it would be much appreciated.

You can use this alphabet suggestion to bring a dish to share, starting with a letter of your Last name.

Let us all get together for a whole lot of fun! — Jeong Lee

A-L: Hot Dishes
M: Pasta Salad
N-P: Fresh Fruits
Q-R: Fresh Veggies
S-Z: Dessert



the **Singers** Spring Concert at First Lutheran

TAKACH: HELIOS – May 19, 3 PM. Years in the making, **Timothy Takach's Helios** is a concert-length work that explores the mythology surrounding our galaxy. Hear the horse-led chariots in Neptune, and the siren call of the sopranos and altos as they sing of Jupiter. Takach is one of choral music's leading composers, and his gifts for melody and drama are evident throughout this world premiere event!

Tickets are available at the door or visit: <http://www.singersmca.org/concerts>

Compassion SUNDAY

On Sunday, May 5 we will celebrate the children we serve around the world in Jesus' name. Many of us in this congregation already sponsor children through Compassion International, one of the highest rated charities in our country.

Stop by our table to talk to sponsors and to hear stories about the children they sponsor.

If you are a sponsor, please contact Pastor Jill, jillb@flcch.org to volunteer and to share some of your memories and experiences.

To include your ministry news in the First Lutheran Caller Newsletter contact:

Joyce Weaver in the church office: joycew@flcch.org, 763-788-9653



Sunday Adult Education 11 AM in the Chapel

We have two big events left for Adult Education this season. Please come to the chapel to hear these engaging and informative speakers and to participate in community building discussion.

Apr. 28: *Kairos Community Panel*

May 5: *Mission Jamaica Presentation*, led by Larry Bugbee

Sunday Bible Studies

8:30 AM (Room 101)

12 PM in Katie Luther Cellar

Led by Michelle Edwards, this is the same study offered at two times.

Compost Distribution Event

Are your gardens hungry? Would you like to feed them some pure, healthy compost? We have what you are looking for! On **Sunday, May 5**, First Lutheran will host a compost distribution event celebrating our commitment to organics recycling and the health of our community. Please look for us in the church parking lot **between 11:30 AM and 1:30 PM**. Come and get as many bags as you like. We will be collecting a freewill donation to cover the cost of bringing the compost in. Invite your neighbors!

If you are possibly able to help bag the compost, join our compost bagging party on **Wednesday, May 1 at 6:30 PM** Bring a shovel or wheelbarrow if you have it. Let's get dirty for the love of God!



Women's Self Defense Class

Women, defend yourselves against the Dark Side! On Saturday, May 4, we will host Sergeant Matthew Olson from the Minneapolis Police Department for a training on basic self-defense. We will gather at 9 AM and be done before noon. We will accept free will donations to cover the cost of refreshments, otherwise the event is free. Please sign up with Pastor Jill. Invite any women you feel could benefit from this class. *May the Fourth be with you!*



Lutheran Church / ELCA News



- ⇒ First Lutheran will have four voting members, plus two pastors at the **Minneapolis Area Synod Assembly** on May 3-4: Shirley Franklin, Kathy Ballard, Nate McNab, and Christopher Danley, along with Pastor Bonnie Wilcox and Pastor Jill Bergman.
- ⇒ Pastor Bonnie Wilcox will be a voting member for the Minneapolis Area Synod at the **ELCA Churchwide Assembly** Aug. 5-10 in Milwaukee, Wisconsin. She was elected for this position by the 2018 Minneapolis Area Synod Assembly.
- ⇒ Your gifts to **Lutheran Disaster Response** helps families in the Midwest and the people of Zimbabwe recover from spring storms and flooding. Visit Ldr.org to make a gift.

Cherish All Children Workshop—May 11

The Minneapolis Area Synod, Women of the ELCA are inviting you to attend a workshop based on the workbook *My Neighbor is Not for Sale*, from Cherish All Children. **May 11, 8:30 AM to 3 PM**

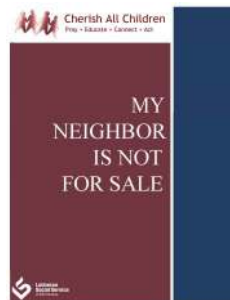
This workshop is for everyone, regardless of church affiliation, ethnicity, or race, women, men, and teens. Pastors and youth workers are encouraged to attend. With guest speaker, Joy McElroy, executive director of 'Cherish All Children,' the workshop will help us better understand sexual exploitation and the potential ways to help prevent human trafficking.

The event is hosted by Glen Cary Lutheran Church, 15531 Central Avenue NE, Ham Lake, MN 55304; 763-434-5695, info@glencary.org

Cost: \$25 (includes lunch, snacks, and an honorarium for the speakers.

The booklet, *My Neighbor is Not for Sale* can be downloaded www.cherishallchildren.org/ from 'Cherish All Children' website for free or include \$4 on the registration form for a copy to be picked up at May 11 event. A workbook is required. Please also bring your Bible.

We look forward to seeing you at this important workshop, dealing with sexual exploitation and trafficking. Please register by May 4. Forms are available in the church office. Questions to Kathy Ballard, 651-486-9149.



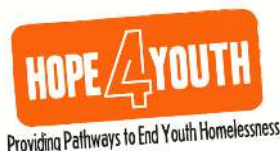
REFUGEE FAMILY? TUESDAY, APR. 30 MEETING

Lutheran Social Services is looking for congregations to sponsor new refugees to Minnesota, especially from the Oromo people of Ethiopia and from the Congo. Both groups have limited numbers of other residents in the Twin Cities, so support from others is especially important.

A one-year commitment is asked of supporting organizations, with the first 3-6 months having the most emphasis. A support team of 5-10 people has been found to be desirable to help with initial apartment furnishing, rides to appointments, and otherwise acclimating to life here. In addition, financial support from the sponsoring organization is needed to allow LSS to meet the family's needs.

First Lutheran is interested in sponsorship, and has asked other local congregations if they would like to be a part of this ministry. A representative from LSS will meet with us on **Tuesday, April 30** to discuss what such a commitment would mean in terms of volunteer time, material needs and financial support. Interested? Join us then at 7 PM to hear more. Questions to Phil Mattison, mattisonpk@comcast.net

Annual Columbia Heights Community Interfaith Prayer Breakfast Tuesday, May 7, 7 - 8:45 AM



This interfaith event is patterned after the National Prayer Breakfast held annually in Washington DC and is designed as a time of prayer for our community, state, nation, and world.

The event is being held at Murzyn Hall, 530 Mill St. NE, Columbia Heights. Breakfast is provided by Cuco's Mexican Restaurant and Heights Bakery. The speaker is Lisa Jacobson, President and CEO, Hope 4 Youth.

A Table Sponsorship is \$160: (need to be placed by **May 2**). Includes a table placard & 8 tickets for your group. Tickets: \$20 each (call or text Donna Schmitt 763-227-3268), or email: CHCommunityPrayer@gmail.com

Writing Stories From Your Life—Heights Adult Enrichment Class with Nathan Roberts. July 9 - July 30

Do you have a story inside you just waiting to be written? Nathan Roberts is teaching a class to offer practical tips to help you craft your story and refine your writing voice. Followed by time for members to bring in short writing samples to read and receive positive and encouraging feedback (and a little helpful critique) from the instructor and class.

Sign up through Adult Enrichment in Columbia Heights.
Cost:\$45. Space is limited.

Order your Annuals, Perennials and Vegetable Plants through FLC and raise money to send kids and youth to Camp Wapo! It's time to start thinking about planting your summer gardens! We are selling plants from Bachman's delivered right here to FLC. You may place your orders now, through **May 5**. Plants will be available for pick-up and sale on Sunday, May 19. Pick up and return order forms in the Commons. *You will enjoy beautiful, Bachman's-grown plants while sending our kids to Bible camp!*

Meals on Wheels offers a vital need for more than 6,800 seniors and people with disabilities by providing nourishment and home-based services. Please contact Mike Vant, mjvant@gmail.com if you can help deliver meals May 13 - 17 at 11 AM.

Mission Workshop. This quilting ministry continues to embrace our community with their warm quilt donations. They will meet the second and fourth Wednesdays of each month, during the summer. Join them from 9 AM – 12 PM in Katie Luther Cellar.

First Lutheran Book Club. If you have a love for reading, consider connecting with other like-minds. The book club will meet on Wednesday, May 15 to discuss "Readers Choice." The June 19 discussion will be on "Slaves of Passion" by Pat Stinson. Join them at 10 AM in the Staff Kitchen. Contact: Char Zarich, 763-572-1220.

Friday Laughter & Cuisine. Singles over the age of 55 gather to eat and socialize for a couple of hours, Fridays at 5 PM. Contact Faith, 612-799-4245, whitefa@comcast.net by noon on Thursday to RSVP. (See bulletin for restaurants).

Prayer Shawl Ministry. Want to know more about creating handmade baptismal and comforting prayer shawls? Contact: Mona Wold, 763-442-3212, gmawold@hotmail.com

Keep Us Connected & Informed. Please remember to contact the church office, 763-788-9653 to let us know when you have a change in your address, email or phone.

To include your ministry news in the First Lutheran Caller Newsletter contact:

Joyce Weaver in the church office: joycew@flcch.org, 763-788-9653

Discovering God's Future for First Lutheran

Leaders from our church have been busy! I hope that you participated in one or more of the following events held in April and May with the help of our consultants, Kairos and Associates:

Conflict Utilization Training, led by Pastor Steve Goodwin through Kairos and Associates, was held on April 23. Leaders identified the conflict style they've developed, and how to use other styles in different situations. This is a step toward helping us create what Goodwin calls a "culture of psychological safety." It was a great opportunity for personal development that will be of great help to the First Lutheran community.

Community Listening Panels

Two public sessions with Heights community leaders were led by a moderator from our Joshua Team. They shared their perceptions of the community's gifts and needs, as well as how our congregation can partner with other groups.

Members of the school board, police department, community organizations, and involved citizens gave their time for these important sessions.

Leadership Summit

Pastor Jeff Kjellberg from Kairos and Associates will lead our work on **May 18, from 9:30 AM to 3 PM**. This will be a review of our work to date -- the surveys, conversations, listening sessions, and training -- so we can begin to create a mission narrative. We have assets to share with God's world. How do we decide how to best use all the tools we have at hand -- people, facility, history, finances and faith -- to serve the people of God? In this retreat, we'll begin to make strategic plans for First Lutheran Church. This is open to Church Council and Board Members, the Joshua Team, staff, and anyone interested in this work.

Thank You's Abound!

- For everyone who offers their financial gifts to support our mission and ministry. You make this mission possible!
- For Holy Week and Easter services and events – thank you to members who offered their gifts of ushering and hospitality, music, drama, decorating, serving communion, and the youth brunch on Palm Sunday. So many came to hear the story of Jesus' Passion in word and song, helped and supported by the efforts of so many others.
- For the group of men who assisted the Husen Family Pancake Breakfast and Silent Auction in March. Many helping hands made light work!
- For the steadfast ministry work of:
 - The Gathering for adults with memory-related issues
 - Prayer Shawl ministry, creating shawls of prayer comfort and baptismal blessings
 - Mission Workshop, creating quilts and other items for people in need
 - Meals on Wheels, delivering nutritious meals within our community
 - All the unspecified Volunteers
- For those who take a bit of a hiatus during the summer:
 - Sunday School and Confirmation parents and leaders
 - Sunday hospitality— Larry's wonderful coffee cart
 - Musical individuals and groups
 - Young at Heart
 - After School leaders

Thank you to all

that participated in the pancake breakfast and silent auction held last Sunday for our

family. We are overwhelmed by the love and support from our church family. The prayers for healing to donated items. We will be using the gifts to pay for my medical treatment to fight my colon cancer. It has truly been remarkable and we feel so blessed.

Thank you again!

Jill and Vance Husen (Dan, Mike, Tori and Jessie)



Gideon Sunday, Thank You!

On Sunday, Mar. 3, First Lutheran Church members donated a total of \$315 to the Gideons ministry. Thank you for your generosity! In addition, First Lutheran sent a \$400 check payable to the Gideons International as part of its benevolence.

This total of \$715 goes a long way to help the Gideon ministry of winning lost souls for Christ. For every \$5 buys a Bible and \$1.20 buys a pocket New Testament. Therefore, this amount will buy 143 Bibles or 595 pocket New Testaments. Thank you again for your generosity!

To God be the glory!

Bob Nelson

CHILDREN, YOUTH & FAMILY (CYF)



Mission Jamaica Youth & Young Adult Team Commissioning. Sunday, June 23 @ 10 AM
Please pray for our team of 13 as we join with God's mission in Jamaica on June 25-July 2.

Confirmation Conferences

Sunday, May 5 @ 11 AM
Faith Room – 103

All parents, confirmation youth and confirmation leaders are invited to join us for a Parents' Meeting and individual conferences.

Thank you for a great year of confirmation!



Where does our Sunday kids' offering go?

The Sunday morning kids' offering in the backpack goes to our Partnership with the Sheridan Story to feed hungry kids at Highland Elementary in Columbia Heights. Last year, First Lutheran kids gave money to buy healthy food to kids in need in our community. Great job kids & families!

VBS Decoration Days

June 12, 14 and 17 (10 AM to Noon).
Decorator's Lunch: 12:30 PM on June 17 at Culver's in St. Anthony. *Help us set the scene for an amazing To Mars and Beyond VBS!*



First Lutheran Kids need you!

Seeking Sunday School teachers for fall

This year, you get the chance to be a superhero to kids in our church and community! Share the bible stories, pray with our kids, and lead them in discussions of faith as you volunteer as a Sunday School teacher. Team-teach with another adult or teen volunteer.

Thank you to our amazing Sunday School teachers from 2018-2019!



**LAST DAY
OF SUNDAY
SCHOOL
PARTY**

Sunday, May 19 @ 11 AM
Join us for a Bouncy House, Church Picnic, Crafts & Fun.

Thank you for a great year of Sunday School!



**GRADUATION
APPRECIATION SUNDAY**

Sunday, June 2 @ 10 AM
Join us to honor high school graduates in worship and pray for them on their journey.

**YOUTH
GROUP
LAST DAY
PARTY**

Wednesday, June 5 @ 6 PM
Courtyard at church

All youth in grades 6-12 are invited to join us for a bonfire and celebration to close out a great year of FLY!



**Over 45 kids
& youth are
registered to
attend Camp
Wapo this summer!**

If you missed registration, check for openings: <http://lwlbc.com/first-ch> or contact Rachel.



**All Age Vacation
Bible School**
**Monday, Jun. 17 –
Friday, Jun. 21**
5:45-7:45 PM



Blast off with the first VBS to land on Mars! *To Mars and Beyond* will help kids and families discover the wonders of God's universe.

Together, parents and kids will become Voyagers on a journey through space, exploring where God's power can take them. Beginning at First Lutheran Church Columbia Heights—an outpost on Mars—we will lift off to distant planets on special missions to collect power sources.

Along the way, we will learn how God walked with heroes of the Bible, and that God is always with us, too. <http://www.flcch.org/events/to-mars-and-beyond-vbs/> **Youth and adults:** If you are looking for a way to volunteer and have a blast, this is a great opportunity. Our theme this year will make for an “out of this world” experience!

Wapo One-Day

Aug. 7, 7:30 AM to evening

Grades K—3 are invited to experience Camp Wapo for one-day! We will take a bus early in the morning from First Lutheran to Camp Wapo in Amery, WI and return the same day. In this short camp experience, counselors will lead kids through a fun schedule that includes crafts, devotions, music, water activities, treats from the canteen and a ton of games. Please contact Rachel for this introduction to camp! Cost is \$35; scholarships are available.

For more information regarding Children, Youth & Family Ministries at First Lutheran, contact: Director of CYF, Rachel James, rachelj@flcch.org, 763-788-9653 (ext. 18)

OUTREACH / HOSPITALITY



First Lutheran has been partnering with the Sheridan Story to fight child hunger in our local elementary school, Highland Elementary. Every Friday, volunteers distribute bags of healthy food in over 50 kids' backpacks.

Thank you to FLC volunteers: Pat Robinson, Phil Mattison, Rachel James, Michelle and Boyd Young for helping out in the 2018-2019 school year.

More volunteers are needed to give an hour and a half of their time once a month to feed hungry kids!

Sign up with Rachel James to be a Sheridan Story volunteer on Friday mornings from 9:30-11 AM once a month.



Come, march with us!
*Save the Date: Columbia Heights
Parade is Jun. 28*

After School

1,200 meals Served to Children and Youth in our Neighborhood this year!

A big shout out to our After School Program and volunteers.

After School will continue until Jun. 13 and then we will be off until August.



Wednesday Nights at First Lutheran

MAY 1: GARDEN SERVICE PROJECT

We need some volunteers of all ages and abilities to help us haul and bag compost. The community garden needs refilling and we will distribute bags of quality composted dirt on Sunday!



MAY 8: STORIES FROM HEIGHTS' SISTER CITY LOMIANKI, POLAND

We will hear stories from 3 decades of international friendship between Columbia Heights and our sister city Lomianki, Poland (next to Warsaw). Dolores Strand, Jean Bukovich, and Gregory Logacz will share stories of international friendship. They will also bring Polish treats to try.



Islamic Center of Minnesota Memorial Service

Several First Lutheran Members and staff attended an interfaith memorial service to remember the 50 people killed at a Mosque in New Zealand. The memorial was at the Islamic Center of Minnesota in Fridley.

We heard powerful stories from Muslim men and women about grief, love, and our need to support each other. It was inspiring and we were grateful to see so many Christian and Jewish allies there.

SUMMER WORSHIP

Wednesdays at 6 PM, starting **Jun. 26**, we will be having Summer Picnic Worship our beautiful Courtyard. *And we want you to come!*



For more information regarding Outreach & Hospitality at First Lutheran, contact:
Director of Community Engagement, Nathan Roberts, nathanr@flcch.org, 763-788-9653 (ext. 32)

TAKE CARE, DON'T SHARE—How to Protect Your Personal Data (Clergy Financial Resources & AARP)

It is hard to imagine what an identity thief looks like, but in reality, most private data is remarkably low-tech. Private data theft usually happens because the victim shares valuable information with the thief. Very little “hacking” is actually involved, since the victim is voluntarily posting their private information. Our tendency to “overshare” on social media can make us targets for private data theft.

Examples of theft by oversharing:

- Tom posts online frequently about his coworkers. A thief uses the information to call specific people at his work, pretending to be tech support. At least one employee is fooled, sharing login passwords.
- Richard posts his vacation plans online, bragging about his ocean view. An acquaintance now knows when Richard will be gone. The thief burgles Richard's home, stealing his laptop and tax returns.
- Harold writes a blog about his personal life. An identity thief reads the posts, eventually figuring out Harold's first pet, elementary school, and even his mother's maiden name. The thief uses this info to get through the security questions on Harold's bank account.

How to protect private data and tax information online?

- **Use multiple forms of identification.** Most web-based accounts require just usernames and passwords for log in. If you have the option, take advantage of multi-factor authentication (MFA), which provides additional layers of

security to prove you're who you say you are, including such information as a fingerprint that can be provided on a cellphone.



- **Delete!!** “Put your hacker hat on,” says Robb Reck, chief security officer for the Ping Identity Security firm. “If a hacker were to break into your email what would they find?” What information do you have stored in obvious and not-so-obvious places?” Delete any emails and documents containing sensitive information that would make it easy to access your financial accounts, Reck says.
- **Don't use the same password for multiple accounts.** Once hackers have your password they're likely to try it everywhere. Instead of passwords, follow this link: <http://blog.aarp.org.2017/09/15new-rules-for-password-protection/> to switch to “paraphrases” which are longer and more complex than passwords-to strengthen access to your accounts. Don't post private data like Social Security numbers, addresses, phone numbers, or mother's maiden name that could be used for a log-in.

- **File your tax returns as soon as possible.** Scammers are using stolen identification to file fraudulent tax returns, according to the IRS. Scammers steal personal information to file a fraudulent tax return and have a tax return deposit sent to the attacker's account.

Filing early helps by not allowing the scammer file because you have already filed, the IRS processes the first return that comes in with your Social Security number.

- **Assume everything you put on social media is public information.** Basically, if you aren't comfortable having information read aloud on the nightly news, don't post it.
- **Don't post your schedule.** Do not post planned vacation dates or use the “check-in at location” functions on your apps. These can let people know your routines, and when you are away from home, when you are vulnerable to theft.

Keep safe!



*Submitted in HIS name, Jane Bugbee
RN, BSN—Faith Community Nurse*

For more information regarding Caring Ministries at First Lutheran, contact:

Faith Community Nurse, Jane Bugbee, janeb@flcch.org, 763-788-9653 (ext. 30)

FIRST LUTHERAN CHURCH FINANCIALS / GIVING

FINANCIAL UPDATE

First Lutheran's major checking and savings accounts and the balances as of March 31, 2019 are represented below. If you have any questions or would like more specific information, please call Dave at 763-788-9653.

Period Ending March 2019

General Checking at 3/1/2019	\$	28,245
Offerings Received	\$	38,573
Other Deposits/Transfers	\$	67,503
Payroll Disbursements	\$	(44,585)
Other Checks/Transfers	\$	(69,570)
General Checking at 3/31/2019	\$	20,166
Mortgage & Maintenance at 3/1/2019	\$	118,535
Offerings & Interest	\$	6,180
Mortgage Payment, Maintenance Projects	\$	(13,801)
Mortgage & Maintenance Balance 3/31/2019	\$	110,914
Perpetual Reserve Balance 3/31/2019	\$	106,275
Special Projects Balance 3/31/2019	\$	256,035
Memorial Fund 3/31/2019	\$	28,388
*Endowment Fund Principal+Interest 3/31/2019	\$	944,908
**Undesignated Earnings	\$	116,599

*Endowment principal is held in perpetuity and cannot be spent ("Dollars Forever"). **Only the investment earnings are available for use with the

GIVING



First Lutheran Church of Columbia Heights (FLCCH) is financed by the generous, direct monetary gifts of its members and friends.

There are several ways you can bless this mission of Jesus with your gifts:

- 1) Place your **Check or Cash** in the offering plate during the service. Please use an offering envelope so we can maintain accurate gift giving records.
- 2) **Electronic Funds Transfer** from our website, flcch.org (upper right hand corner). You can set up a one-time or recurring donation.
- 3) **Bill Pay**. Follow the directions of your bank or credit union to create First Lutheran as a Payee at 1555 40th Ave. NE, Columbia Heights, MN 55421, and choose to make a regular weekly or monthly offering.
- 4) **Stock Transfer to the Church**.
- 5) For more information, contact David Reilly in the business office, 763-788-9653, daver@flcch.org

The New Photo Directory is Here!

THANK YOU to everyone who posed and/or submitted a photo for our self-published photo directory! Free copies are available from the church office. The church produced these directories from our own resources, and no one had a sales pitch from a photographer. Keep in mind that these are intended to be a way to identify others in our community, and are not the highest-quality. But the price is right, eh?



FIRST LUTHERAN
CHURCH OF COLUMBIA
HEIGHTS



Thank you to Joyce Weaver from our staff, Kathy Ballard, Karen Peterson, Faith White, and many others who have proofed and updated our church membership software!

We expect that this will be a directory that we can update and print frequently, so when you/your household has a new photo to show off, send up a copy at directory@flcch.org

WORSHIP ASSISTANTS



ACOLYTES

May 5: Henry H. & Isabelle T.
May 12: Anna P. & Lyndsey B.
May 19: Olivia D.C. & Junia J.
May 26: Hazel B. & Aria B.
Jun. 2: Emma B. & Karina K.
Jun. 9: Cole Y. & Ethan D.
Jun. 16: Kylie N. & Paige C.
Jun. 23: Roger R. & Drew W.
Jun. 30: Chris M. & Caeden S.

READERS

May 5: Carol O'Brien
May 12: Melvin Robinson
May 19: Missy Habeck
May 26: Confirmation Student
Jun. 2: Julie Rand
Jun. 9: Jennifer Shull
Jun. 16: Jon Lueth
Jun. 23: Malcom Watson
Jun. 30: Jane Murray

COMMUNION SERVERS

May 5: Don Rosell & John Miller
May 12: RoseAnn Nelson & Mary Kay Miller
May 19: Larry Bugbee & Pam Hartel
May 26: Linda Fowler & Dorothy Markowitz
Jun. 2: Jon Lueth & Cheryl Ballingrud
Jun. 9: Stacy Ratliff & Phillip Mattison
Jun. 16: Carol O'Brien & Shelley Johnson
Jun. 23: Jan Meyen & Ruth Dodson
Jun. 30: Dorothy Markowitz & Sonja Super

AV TEAM

May 5: Chris
May 12: DJ
May 19: Patrick
May 26: Joline

BUS DRIVERS

May 5: Pam Sigurdson
May 12: Jay Craft
May 19: David Tharaldson
May 26: Charles Pierson III
Jun. 2: Pam Sigurdson
Jun. 9: Jay Craft
Jun. 16: David Tharaldson
Jun. 23: Charles Pierson III
Jun. 30: Pam Sigurdson

USHER TEAMS

May 5: Team 4
Mike Hartel, Janet Meyen,
Matt Palm, Lyssa Olson, Daniel Toe,
Caeden S. & Kylie N.
May 12: Team 5
Tom & Sonja Super, Dave LaSota,
Tom & Bonnie O'Brien
May 19: Team 1
Kevin Kaliher, Jay Craft,
Charles Pierson III, Judy Opheim,
Wendy Ramirez, Vicky Reynolds,
Gwen Graefe, Andrew K. & Carson S.
May 26: Team 2
Peter O'Brien, Edward O'Brien,
Don & Carol Wahlstrom,
William Roberts, Ronelle Benson,
Justin K. & Lucas B.

Jun. 2: Team 3

Pam Sigurdson, Vern Hoiium,
Victor Zarich, Tim Traynor,
Paul Eddy, Pat Pasiewicz,
Joline Dittbenner, Stacy Ratliff,
Chris M. & Drew W.

Jun. 9: Team 4

Mike Hartel, Janet Meyen,
Matt Palm, Lyssa Olson, Daniel Toe,
Caeden S. & Kylie N.

Jun. 16: Team 5

Tom & Sonja Super, Dave LaSota,
Tom & Bonnie O'Brien

Jun. 23: Team 1

Kevin Kaliher, Jay Craft,
Charles Pierson III, Judy Opheim,
Wendy Ramirez, Vicky Reynolds,
Gwen Graefe, Andrew K. & Carson S.

Jun. 30: Team 2

Peter O'Brien, Edward O'Brien,
Don & Carol Wahlstrom,
William Roberts, Ronelle Benson,
Justin K. & Lucas B.

A beautiful night in the snow for our final Lenten Soup Supper & Holden Evening Prayer service.

Thank you to all our volunteer song leaders and musicians, lay preachers, kitchen volunteers and ushers for your ministry this Lenten season.

April 10, 2019





First Lutheran Church
1555 40th Avenue NE / Columbia Heights, MN 55421-3195
WEB: flcch.org / PH: 763-788-9653

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CHURCH OFFICE
HOURS: 8 AM - 4 PM
MONDAY-FRIDAY

Beginning Friday,
May 31, the Church
Office will close at
12 PM on Fridays
during the summer.

RETURN SERVICES REQUESTED

Come, join us! —First Lutheran Church of Columbia Heights

