

Living Connected... TO GOD & EACH OTHER

Fall 2021



SENIOR PASTOR'S COLUMN

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Sunday Worship (All Age Worship)

Hours:

10 AM Sanctuary

10 AM Online

(Facebook, YouTube,
FLCCH.ORG)

Pastoral Staff:

Bonnie Wilcox
Senior Pastor

Jill Bergman
Associate Pastor

The Caller Newsletter is

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Editor: Joyce Weaver,
joycew@flcch.org

We've Been Running a Marathon

...let us run with endurance the race that is set before us... Hebrews 12:1

Someone recently compared the last sixteen months to a very long marathon full of hills and valleys, rough roads, icy temperatures, and strong winds! When the mask mandates were lifted July 1, that first marathon ended.

In recent weeks, something else happened: An official-looking race organizer slapped another number on our back and pushed us toward a second starting line that mysteriously appeared.

Wait. What? *A second marathon?* Right now? Why?

Because our world doesn't know how to stop. And the Covid-19 pandemic is not over.

Our culture encourages and rewards hard work and long hours. Making more "things" and making more money is supposed to be the goal.

But our souls are tired, Beloved Children of God. When we ignore what our souls whisper we will eventually have to recognize that we are tired.

I know that I want to create, and expand, and reach out to our community, and lots of other things. I want to return to activities that weren't possible during the quarantine days. Maybe you do, too.

After completing a marathon, you've got to rest and recuperate. You don't begin another marathon for quite some time.

The Good News of Jesus Christ reminds us we are not alone. Let's read ALL of Hebrews 12:1-3: Since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Consider Jesus... so that you may not grow weary or fainthearted.

Between the witnesses -- the people who have shown us the way to Jesus and how to live out our baptismal promises -- and Jesus -- we do not do any of this work alone. God does not expect us to get up and run a second marathon without taking the time and care we need in order to recover from the first marathon.

I don't know what this will look like. But you're going to hear more about this as the weeks continue. I appreciate your prayers for me and for our staff, as we pray each week for all of you.

Pastor Bonnie Wilcox,
Senior Pastor

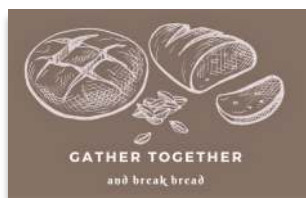
Fall Worship: (August - September)

GATHER TOGETHER

**A new worship series begins
Aug. 8 - Labor Day Weekend**

How do we walk into church after so long? It may feel uncomfortable, unfamiliar, and, for some, a bit anxious.

This series explores the basics of worship, and the meaning behind our practices of communion, baptism, community, and identity as children of God.



HOMEcoming

Begins on First Day, Sept. 12

God is calling us into a new future, and we have been changed.

But we also believe that God does not leave us alone in figuring it all out. Every encounter with God is a Homecoming Day!



COVID-19 Update: July 27, 2021

As of Sunday, Aug. 1, we will hold all worship services in the Sanctuary or Chapel. The 10 AM worship service will be live streamed via our YouTube Channel for those who are unable to attend in person. (Masking is recommended in the building for those who prefer to wear one for safety, or who have not been vaccinated.)

Our staff continues to work remotely and on site as required by their job responsibilities. The church office is open by appointment. With masking in the metro area at 70%, the church council, based on state recommendations, believes this is our best plan at this time.

The coronavirus Delta variant is causing Covid infections to rise, yet again. If infections in our area rise to the substantial or high risk numbers, the church will require everyone who enters the building, whether vaccinated or not, to wear a mask.

If you travel somewhere that has become an outbreak hotspot, please quarantine at home for two weeks and be tested for the virus. We need to care for each other using the best tools available to us, including vaccination.

THANK YOU to everyone who has received a Covid-19 vaccination!

The Sanctuary Choir Returns!

After a year and a half sabbatical, the Sanctuary Choir will return to sing this Fall!

I can't tell you how much I am excited for things to be (somewhat) normal again! The choir will rehearse on Wednesday evenings from 7-8:30 PM in the choir room and will sing three times a month for Sunday services.

I look forward to welcoming back all singers. Rehearsals will begin on Wednesday, Sept. 8 at 7 PM. If you are a new singer and want to join us, try us out! We promise to be welcoming! If you would like further information, email Jeffrey at jeffrey@flcch.org



New Contemporary Choir

Do you like to sing but can't commit to rehearsal every week? Do you like contemporary and folk music? Can you commit to singing a Sunday service once a month? Can you commit to two rehearsals a month? This may be the choir for you! This Fall, we're adding a Contemporary Choir (name TBD) to join our ranks. This choir will focus on contemporary and folk music and will sing only once a month. Rehearsals will be on Thursday evenings and will start in September. If you are interested or would like more info, email Jeffrey, jeffrey@flcch.org

Homecoming Music Series

Our FLC music series is making a return this year! The series is entitled *Homecoming* as we welcome people back into our lovely church after a LONG pandemic! There are some exciting concerts planned already including: Magnum Chorum, Bella Lumina Women's Choir, Mississippi Valley Orchestra, Halloween Spooktacular and many others. Stay tuned for more!

Welcome Augsburg Centennial Singers & Chorus Polaris!

This Fall, we will be welcoming the Augsburg Centennial Singers and Chorus Polaris using FLC as their rehearsal space. The Augsburg Centennial Singers, under the direction of Paul Christensen and accompanied by Marilyn Lueth, will be rehearsing on Monday afternoons. Chorus Polaris under the direction of Bill Mathis will be rehearsing on Tuesday evenings. We welcome these fine groups to FLC!

Music Class

I would like to offer my 4-week music class once again for the Fall. If you would like to learn more about music (reading notes, musical symbols, etc.), this is the class for you! A daytime and evening session on Thursdays will be offered. Email Jeffrey at jeffrey@flcch.org for more info or to sign up!



Fresh Lesfa served at the Holiday Market! 2017

First Lutheran Holiday Market Nov. 13, 2021, 9 AM – 2 PM

First Lutheran's Holiday Market is back! After having to cancel in 2020, we hope you are excited to get busy making crafts, jams, jellies, salsa and pickles as well as baked goods and holiday cookies. All donations are gratefully appreciated.

It's never too early to be thinking about how you can help make our Holiday Market a great success. This is a church-wide event and we welcome new ideas for booths and foods as well as workers for the booths. The proceeds go to help our home and global missions.

We will be having a planning meeting and will contact booth chair people of the date. If you would like to be included in the planning meeting or to volunteer please call one of the Market chairs: Cheryl Ballingrud, 651-633-0679; Lyn Larson, 763-424-2323; Dorothy Markowitz, 651-645-9458

Pandemic Stories

Throughout the summer, we have been interviewing people at First Lutheran for a Pandemic Stories Project. Our intern Alexis Mattson, is listening to and collecting stories from people about their life during the pandemic. We have heard from health care workers, teachers, retired seniors, parents, people who worked from home, youth, essential workers, and people who were unemployed.

The stories will be combined into a short video to share with the congregation and archived for future use. In addition to interviewing people, we are collecting photos taken over the pandemic for our digital archive. We hope to include stories and photos from as many people as possible in our pandemic digital archive.

You can still participate by emailing your photos to joyce@flcch.org. We are excited to see how this project will unfold and the ways it will inform our congregation for years to come!

Rain Garden/Parking Lot Update - July 2021

When a heavy rain falls in Columbia Heights, the water runs off the many and large roofs on our building, picks up materials that have gathered there -- bird feces, pollutants carried by the wind or rain, leaves and other plant materials, plus roofing materials that are wearing away, etc. The water runs off to the ground, and much of it enters our parking lot where it picks up dirt and debris, oil and winter salts and sand carried there by our cars, and flows to the storm drains. Storm water runoff from a 100-acre area in Columbia Heights drains into LaBelle Pond, and then on the Mississippi River.

Our parking lot sits atop a community dump site that was in use until the 1970s. Our parking lot serves as a cap to seal this dump site with the approval of the State of Minnesota.

We are in the process of seeking bids for work to be done in 2021 and/or 2022 to resurface the lot and install a sealed mitigation system in the northeast corner near the existing sewer drain. We are also looking to redesign the north side of the parking lot near the front entrance. Traffic would be



redirected into the parking areas, allowing more safe pedestrian traffic into the building and additional handicap parking.

The funding for this project will come from two sources:

- Member gifts to the Living Connected appeal that began in 2019. With current pledges we will be close to the funds we need. Additional gifts are invited!
- Application for a grant from the MWMO for construction costs. This application is due in November for work to be done in 2022, and awards can be up to \$50,000.

We expect to hold a town hall meeting when bids are available to review. A complete report is available [HERE](#) or contact the church office for a copy.

Pastor Bonnie Wilcox

FLC Women's Circles:

Welcome Katie Luther's Circle!

A new women's circle in our church. Katie Luther's Circle began meeting this summer and participating in the Women of the ELCA Bible Study. The new circle members are: Missy Habeck, Rebecca Stolba, Michelle Young, Denise Roberts, Sarah Dela Cruz, Christie Spevacek. Look forward to more news about this exciting new group of young women.

Rachel Circle is resuming their monthly meetings in September! They plan to meet the first Wednesday of each month, 7-9 PM, Room 101. For more info, contact Pat Stinson, PStinson23@comcast.net

Women of the ELCA The Fall Gathering
of the Minneapolis Area Women is planned for Oct. 2 at Bethlehem

Lutheran in Plymouth. We will be gathering under the theme "Just Love" which is the carried over theme from the last postponed Triennial Gathering.

The Bible study presenter is Pastor Bonnie Wilcox, who will also be doing a workshop following the Bible study. The keynote presentation is different from past years. It will be a panel discussion led by various women from the synod who represent different ethnic cultures in our community. Again under the theme, "Just Love" we will be discussing with them how the events of the past months have affected them. What are their personal stories? Rather than just providing what we think they need we will discuss how we can show them "Just Love."

Registration is \$50 for the day (8 AM – 4 PM with lunch provided). Financial assistance is available upon request.

See further info on the church bulletin board as it becomes available.



Pastor Jill Bergman: *Sabbatical*

A sabbatical, a recommended practice in the ELCA for pastors, provides an extended break from ministry, with time for rejuvenation, reflection and recreation. Pastor Jill is investing in her family and in God's great, big, beautiful creation. Expect her to return after Aug. 30, energized and with wonderful stories to share!

Young at Heart Events

First Lutheran's 'Young at Heart' group for senior citizens is happy to announce a "get back to normal" event schedule for this fall.

- **Tuesday, Sept. 14, 10:30 AM:** Global Health Ministries service project and noon lunch
- **Tuesday, Oct. 12, 12 PM:** Potluck lunch with program to follow
- **Mon-Sat, Oct. 18-23:** Motorcoach trip to 'The Ark'
- **Wednesday, Nov. 17, 1 PM:** Guthrie Theater 'A Christmas Carol'
- **Tuesday, Dec. 14, 12 PM:** Christmas Dinner



Graduation Sunday 2021. A blessing and Mission Workshop quilts for our H.S. grads.

Mission Workshop has resumed Wednesday meetings from 9 AM - noon in Katie Luther Cellar. They currently sew and quilt. Some activities don't require any sewing experience, however they are willing to help anyone who wants to learn. Contact Lisa Tenhoff to confirm the fall meeting schedule or with any questions. Call 763-789-4101 and leave a message if she does not answer right away.

Healing COVID Trauma through Art & Storytelling With Chaplain Lynda Lee

Saturday, Sept. 18, 9:30 - 11 AM
Registration due by Aug. 30

Lynda Lee, an ordained minister, leads healing art workshops in various settings as part of group therapy. She currently serves as a chaplain with the MN Department of Corrections in Lino Lakes and provides spiritual healing for all ages, cultural, and racial backgrounds through the arts.

RSVP by Aug. 30 to be seated at a table in Martin Luther Hall. Contact Joyce, 763-788-9653, joycew@flech.org

Material Cost: \$10 (or \$50 per table)



55+ Singles Fridays, 5 PM

Consider joining the 55+ Singles Group at Sullivan Park for a lake-side social and picnic. Contact: Faith, 612-799-4245, whitefa@comcast.net



First Lutheran Book Club Wednesday, Aug. 18

The Book Club will meet on Aug. 18 at 10 AM to discuss the book, Laura Ingalls Wilder *The Long Winter* illustrated by Garth Williams. Join them for fellowship & refreshments. Contact: Char, charzarich@gmail.com

Adult Confirmation Class with Randy Bergman & Char Zarich



Wednesdays, Sept. 22 - Oct. 27
Sunday, Oct. 31

WHY: This class is an opportunity to ask questions, share your life experiences, and come to try to understand with the rest of us the driving principles of the Evangelical Lutheran Church of America doctrines. Whether you are a lifelong Lutheran, never attended Sunday school and/or confirmation, or an adult with questions, this class is for you!

WHO: Anyone 18+ interested in exploring Lutheran Confessions & Confirmation

WHEN: Wednesdays, 7:05-8:15 PM: Sept. 22 - Oct. 27 & on Sunday, Oct. 31 at 10 AM for those wanting to receive the Holy Spirit through the Rite of Confirmation during worship at First Lutheran Church.

WHERE: Zoom (or in-person)

REGISTER: Contact Randy Bergman at randyparkplace@gmail.com or 651-269-3313 or the church office.



Holy Land tour group 2018

Tour Rome & the Holy Land Just a few months away!

Travel is looking good and we're excited to be planning our Rome and Holy Land tour for next spring, Mar. 3-15, 2022. Registration is open! As soon as you make your \$500 deposit, you will be placed on an email list from Pastor Wayne Skaff that highlights places and people we will get to see on our tour.

What a joy it will be to embark on this spiritual, archeological, and Biblical pilgrimage together! **Final Payment is due Dec. 1, 2021.** Contact Pastor Jill with questions or to receive a brochure.



Community Lunch Sundays

We will be returning to serving a community lunch in Martin Luther Dining Hall at **11:15 AM**. (New time to allow volunteers to participate in worship). The meal is a great chance to connect with friends and family over a warm meal and a fresh salad bar!

Volunteers are needed each week. Please contact Nathan Roberts to help serve and clean up. nathan@flcch.org

After School

4:30-6 PM
Tuesdays /
Thursdays



After School has had an amazing summer helping our kids transition back to normal after a long year of being away. We will continue to play, mentor, and eat dinner together through the first two weeks of August (ending Aug. 19) and resume Sept. 14! Contact Nathan Roberts if your child would like to attend. nathanr@flcch.org

Cultural Festival for Heights' Centennial

Sat. Sept 25
2-5 PM



Local cultural performers, community groups, and leaders will share the art, music, dance, and even foods from the diverse cultures that make up our community!

First Lutheran will be providing Scandinavian Heritage Music and foods. Join us in the Columbia Heights High School Gym.

Having Better Discussions about Race and Racism Group

Wednesdays,
Sept. 22 - Oct. 13,
6 - 7:30 PM (Martin Luther Hall)



Talking about race and racism is hard. It can be difficult to navigate cultural and racial dynamics in our workplaces and relationships. Join this 4-week small group discussion to help build your confidence! We've had over 100 people who've already taken this training to practice discussing race and racism in healthy, productive ways.

This group is designed for white people, but all are welcome. Space is limited.

First Lutheran is partnering with Columbia Heights Adult Education to put on this class. Sign up with Nathan Roberts, nathan@flcch.org



COLUMBIA HEIGHTS
ART IN THE PARK

Columbia Heights Art in the Park

Sat. Sept. 11, 10 AM-6 PM
(Kordiak Park)

Local artists, live music, dancing, and beautiful crafts to buy. To volunteer to help with the event contact Nathan Roberts nathan@flcch.org
For more info: cohiartinthepark.com

Typing for Crestview Resident



A resident at Crestview on Reservoir, LeAnne Dahl, has Muscular Dystrophy and would like a volunteer about once a week to type words on her computer. She is writing a book and would dictate, slowly, the sentences. With LeAnne's medical condition, she currently completes 3-4 sentences in a full day.

If interested in helping, please contact Pat Stinson, 763-788-3042 and leave a call back message regarding LeAnne.



Heights Farmer's Market & FLC Community Garden

Thursdays, 4 - 7 PM
Now- Sept. 2



The Heights Farmer's Market has returned to our parking lot on Thursday evenings with multiple vendors and Live music! Here's what you can expect:

4-6 PM: Fresh produce from the FLC Community Garden will be available.

4-7 PM: A variety of local vendor products will be featured.

5-7 PM: LIVE music is scheduled, so grab a lawn chair and enjoy!...

Aug. 5: Music by Joe Fahey

Aug. 12: Music by Andy Newton

Aug. 26: Music by Jeremiah Bohn

Sept. 2: Music by Joe Davis



Don't forget to schedule your next meeting or event at First! Contact the church office to get on the fall calendar.



You are invited to join an open house to celebrate the 90th birthday of

Clara Shattuck

SATURDAY, AUG. 21, NOON-3 PM

First Lutheran Church of Columbia Heights

Lunch will be served

*RSVP to Dawn by **August 13***

at 641-330-7823 or

dawn.shattuck@gmail.com



Tribute to Jane Bugbee Sunday, Sept. 12

Please join us in celebrating Jane Bugbee's "retirement" from Faith Community Nurse on First Day! We will have a special blessing for Jane during the 10 AM service followed by a reception & special sharing of memories.

Memory Book Project

We invite church members to trace their hand and write or draw in the inside special things about Nurse Jane, i.e., memories, Bible verses, or thank yous for the good work Jane has done. These memories will be compiled into a memory book. (You may send your homemade copy to the church in advance, or use the printed hand outlines provided at event).



First Day Party Sunday, Sept. 12

Join us for our First Day Party at FLC!

- Blessing of the Backpacks
- First Day Lunch, Bounce House & Fun

Sunday School & Confirmation Starts Sunday, Sept. 12

- 11 AM Classes for kids and youth ages preschool - high school
- Register online today: www.flcch.org
- Paper forms available

Confirmation Kick-Off Meeting for Parents & Confirmation Students is **Sunday, Sept. 19** at 11 AM in Room 101 (upstairs).



First Lutheran
Kids need you!
Seeking Sunday
School teachers



This year, you get the chance to be a superhero to kids in our church and community! Share the Bible stories, pray with our kids, and lead them in discussions of faith as you volunteer as a Sunday School teacher. Team-teach with another adult or teen volunteer. Interested? Email Rachel, rachelj@flcch.org

Youth Bonfire Aug. 25

We are excited to invite youth in Grades 6-12 back to church for in person youth group on Wednesdays from 6-8 PM. Join us for a bonfire in the Courtyard, faith-based discussion, food, friends and fun.

High Schoolers! Join the Youth Gathering Team

Every three years, 30,000 high school youth and their adult leaders from across the Evangelical Lutheran Church in America gather for a week of faith formation known as the ELCA Youth Gathering. Through days spent in interactive learning, worship, Bible study, service and fellowship, young people grow in faith and are challenged and inspired to live their faith in their daily lives.

Students in Grades 8-11 are invited to join our Gathering team for this once in a lifetime event.

July 24 - 28, 2022 we will gather at the US Bank Stadium, Convention Center & downtown hotels.

Camp Wapo August 8-13!

We have 22 campers from First Lutheran Church attending Camp Wapo camps this year. Please pray for the campers as they learn about the theme of JUST LOVE from Psalm 33:5: "The Lord loves righteousness and justice; the earth is full of God's unfailing love."

Thank you to all who support our Campership funds to help kids and families pay for camp.



Thank you to all who made our Vacation Bible School 2021 such a success - adult

and teen volunteers, church members who supported and families who attended together. We had an average of 56 people involved each night, 65 on Wednesday! It was a great way for us to connect with the broader community and see families of visitors. 12 middle and high school youth volunteered as station leaders, helpers, actors, and crew leaders. Focusing on "Who is My Neighbor?" based off the Good Samaritan was really dug into by the participants and learned this week.



Local Youth Mission Trip

Youth learned how to "SHOW UP" at Urban Leadership Adventure local mission trip! On July 19-23, our team of 25 youth and adults gathered for a local mission experience doing service-learning in our area.

We volunteered at Ostrander Park for a clean-up, First Lutheran Community Garden volunteering, Feed My Starving Children, SACA Food Shelf, and Food shelf-In-A-Box.

We had a Light Rail Tour of Minneapolis in which we learned about homelessness, equity, immigration, veterans, Native land, and justice. Fun was had too - trips to water parks and ice cream! *Thank you for your prayers and support.*

Operations & Finance Manager Updates - by Julie Wilson

As we are heading into fall, a great BIG thank you to staff as well as the Finance and Memorial and Endowment Boards for their diligence and patience this past year. They are good stewards of your gifts and contributions and we are so blessed to have each of them sharing their knowledge and time.

A few brief updates to note:

- **Live Streaming:** We've invested in AV equipment for live streaming and are excited to be able to continue this online option for those who are blessed from afar by the ministry of FLCCH! Your patience and generosity are appreciated.
- **Two New Ovens** should arrive for installation shortly after Labor Day!
- **The Luther Rose Window** over the main stairwell is in need of repair for preservation & safety. More details will be shared as they become available.
- **Parking Lot and Water Filtration Basin:** See Pastor Bonnie's update on this project. Again, thankful for our volunteers helping with this big project.
- **Charter School:** Tesfa charter school has relocated to a new facility. Roger, Derek and many volunteers are taking this opportunity to repair/upgrade areas previously occupied by Tesfa! We are grateful for our new task force: David Hagen, Randy Bergman, Warren Watson, Jeff Beck, Chris Larson, and Pastor Bonnie who will help in the 2022-23 selection of a new tenant.
- **Undergraduate Scholarship Funds available from First Lutheran:**
The overall objective of this scholarship program is to support First Lutheran members who are enrolled in an accredited Christian College. The application deadline is October 15, 2021. To receive a scholarship application, contact FLC Operations and Finance Manager, Julie Wilson, julie@flcch.org

If you are not already, please consider setting up your giving online! Did you know you can set it up yourself? Go to "Give" link on our website and they will walk you through a one time or regular giving plan! Thank you for your faithfulness to the important work at FLCCH!

First Lutheran Church of Columbia Heights (FLCCH) is financed by the generous, direct monetary gifts of its members and friends.



There are several ways you can bless this mission of Jesus with your gifts:

- 1) Place your **Check or Cash** in the offering plate during worship or Community Meal. Please use an offering envelope so we can give you credit for your gift.
- 2) **Electronic Funds Transfer** from our website, flcch.org (upper right hand corner). You can set up a one-time or recurring donation.
- 3) **Bill Pay.** Follow the directions of your bank or credit union to create First Lutheran as a Payee at 1555 40th Ave. NE, Columbia Heights, MN 55421, and choose regular weekly/monthly offering.
- 4) **Stock Transfer to the Church.**
- 5) For more info, contact Julie Wilson in the church business office, julie@flcch.org, 763-788-9653 x104

Faith Community Nurse Last Notes

Thank You's Written from the heart—Jane Bugbee RN, BSN

As many of you already know, I am retiring as your Parish Nurse the end of August. On Nov. 30, 2010, you hired me as your Parish Nurse at First Lutheran Church.

- * **God found** and saved me, most of you are aware of my story to give back after successful cancer surgery after losing my brother and sister to cancer.
- * **God found** and directed me to the ELCA website with information regarding the ministry of Parish Nursing.
- * **God worked** with Pastor Tom Carlson to encourage me to go ahead with the training that was involved at Concordia College in Moorhead for the certification of Parish Nurse.
- * **God provided** me with the funding to take the training with a scholarship that I won at Methodist Hospital.
- * **God provided** me with my knowledge and experience as a nurse for over 41 years, half working in critical care, and with hospice knowledge from caring for my own

family members to give me the experiences in life to help care for you at First Lutheran. I have walked the walk with many of you.

"A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another." - John 13:34-35

As I page through the photos of old church directories, I can remember each and every one in those photos of members, past and present that I have assisted, taught, and prayed with. You have touched my life and enriched my life in so many ways.

My future plans include continuing to care for our two-year-old grandson, Loring. Doing vaccination clinics with Fairview Community Health, AND! potty-training our new addition, a lab-mix puppy, Bodie from the Humane Society. Our current dog, Tux has a lot to teach our new guy!!



Many, many thank you's are needed to be sent by me to you but here are just a few:

- * *Thank you*—for giving me family
- * *Thank you*—for giving me a community in faith
- * *Thank you*—warmly opening up your homes and hearts to me
- * *Thank you*—for letting me teach you
- * *Thank you*—for sharing your medical conditions and concerns with me
- * *Thank you*—for challenging me
- * *AND... Thank you*—for LOVING ME!

With much love, Jane



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**SUNDAY ONLINE
WORSHIP 10 AM**
YOUTUBE &
FACEBOOK LIVE

**COMMUNITY MEAL
11:15 AM-12 PM**
(RESUMES SEPT. 12)

RETURN SERVICES REQUESTED

First Lutheran Church of Columbia Heights

